

**Child Development Program Report & Recommendations**

**Basic Medical History:**

Hannah Brill is a 17 month old female, born to primip. mother. The pregnancy is reported to have been normal, although induced at 41 weeks. Normal vaginal delivery, no forceps. APGARs 7 & 9. Hannah has had several ear infections – once in Regina (just before her 1 year check-up), and twice since the move to this area, treated at walk-in clinics.

Mother reports that at 12 month check-up, she was only told to be sure to return for the 18 month check-up, and no other concerns were raised. Her 18 month check-up is scheduled with your clinic in 2 weeks.

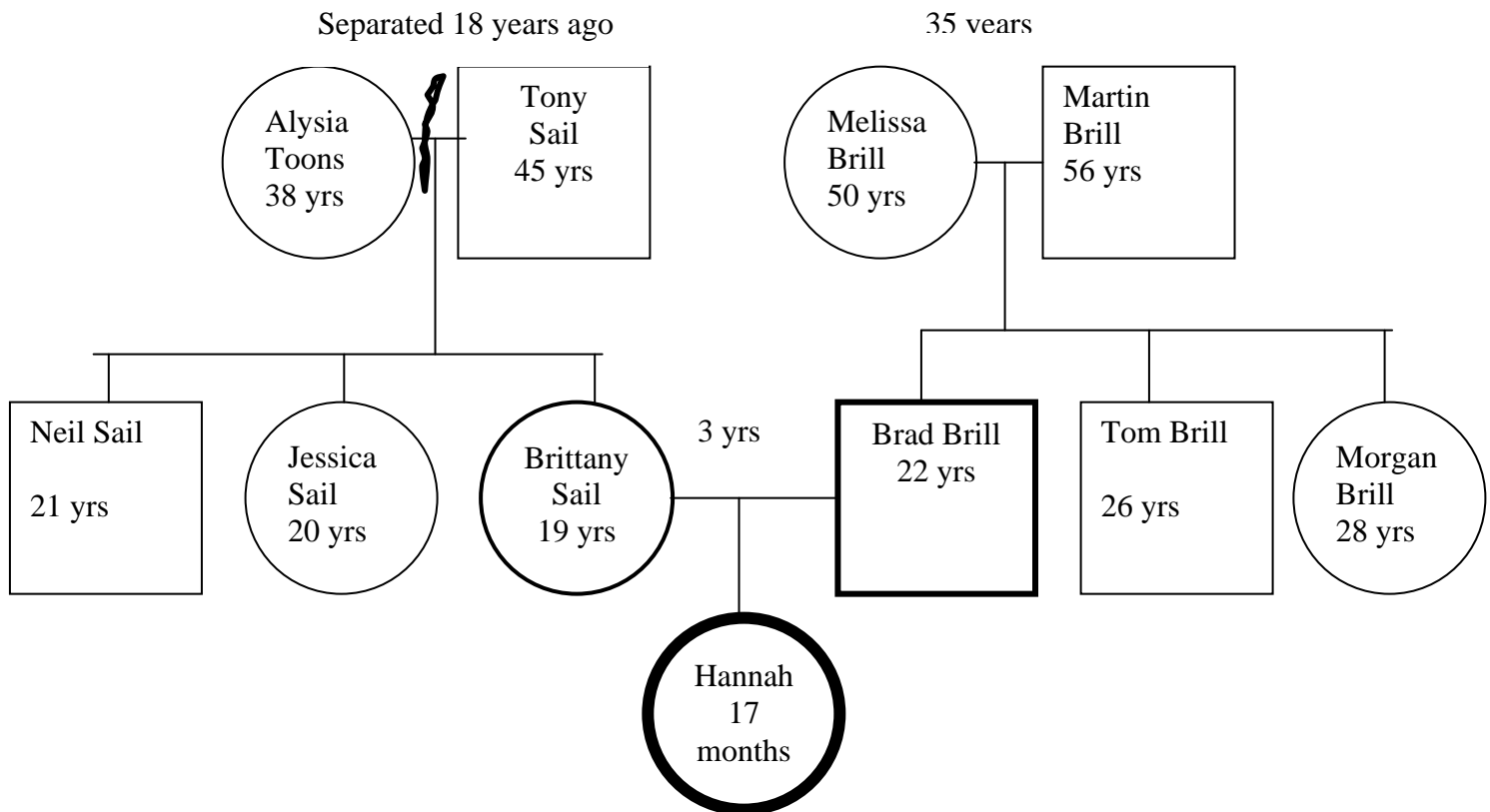
**Physical exam:**

- Weight: 10.5 kg (50 percentile)
- Height: 78 cm (50 percentile)
- Head circumference 45 cm (50 percentile)
- No dysmorphic features noted
- Responded to her name, followed simple instructions e.g. where is your nose?

Immunizations: UTD (immunization card provided by mother).

Nutritional Status: Mother reported that Hannah did experience early eating difficulties but now is able to eat foods of different textures.

**Social History:**



No other reported health or developmental problems in either family.

Father, Brad Brill, is a long haul truck driver, currently working for a nearby factory, and enjoying his job, although wishes he could spend more time with his family. Finances are tight, but they are just managing to meet their expenses on Brad's salary.

Brittany has just started school and feels quite isolated, as her family is in Saskatchewan, and her circle of friends in Regina. She has not yet settled into the new town. She does not drive, and must walk everywhere. She and Brad have rented a small row house which is an easy walk to the school and Day Care Centre.

Speech Language Pathology Summary: Hannah was seen with her mother, Ms. Sail, 2 weeks ago. Hannah smiles and laughs aloud when spoken to, she did not initiate play with any of the toys on the table or in the room. During the evaluation she repeated the "pah" sound using it to get attention from her mother and did take turns vocalizing. Impressions: Hannah demonstrates an absence of many of the speech and language developmental milestones appropriate for a 15 month old child. Recommendations: Parent education on encouraging Hannah's speech and language skills and social interaction given, along with reference material and specific instruction booklet; referral to an audiologist for hearing screening.

Occupational Therapy Report: Unfortunately time for evaluating Hannah Brill was limited as the mother had difficulty finding the Centre and was late in arriving. On evaluation: Hannah demonstrated visual-motor and grasping skills consistent with a developmental level of 6 to 8 months of age. Given that Hannah is 17 months of age she is currently significantly delayed in acquisition of her fine motor skills. As the family is not able to return for the early intervention play program, Ms Sail was given the play and stimulation program hand-out and suggestions for the day care provider was also given.

Physical Therapy Summary: Hannah was evaluated in a private evaluation room at the Regional Child Development Centre. Ms. Sail, Hannah's mother was present throughout the evaluation. Ms. Sail reported that Hannah sleeps and eats well, that she rarely cries and does not seem to have a preference in toys or activities although she seems to enjoy watching television. On examination: 17-month old girl in the 50 percentile for height and weight. Range of joint motion, tone and reflexes are all within normal limits. No joint instability or deformities noted. Evaluation results (Peabody Developmental Motor Scale II): Hannah presents with locomotion, stationary and object manipulation skills consistent for a child between 9 to 11 months of age. Her postural control, coordination and overall movement efficiency is in keeping with a child under 12 months of age. Postural reactions are present but there is delay in initiating extension backwards in sitting. Given home program of activities and exercises with email contact information, schedule a weekend training session with mother and father on encouraging gross motor skills, gave Mother list of possible play groups in the region.

Regional Child Development Centre Team Summary: Our team recommends follow up in 4 months to see if a home program and parent education will improve Hannah's independence. As her mother, Brittany, cannot return on a regular basis to the Regional Child Development Centre, she has requested follow-up with your clinic, which she can easily access.