Dr. Choudur, an accomplished awarded academic radiologist, is not only a passionate educator and researcher, but an ambassador for our department and University, having been instrumental in building the Musculoskeletal Society of India and teaching extensively in Asia.

Dr. van der Pol, with a background in electrical and biomedical engineering, is a rising star of radiology, shaping the way radiologists will practice in the future; he has already received the HHS New Investigator Fund Research Grant for an artificial intelligence research project.

Let’s join on congratulating both of them on this very special award!

Following the awards, we had the pleasure to welcome Joel Hilchey, our guest speaker, a leadership expert teaching creativity.

His philosophy is that when we feel comfortable for too long, things get boring. When things are too risky, we get panicky and shut down. The key is to find the right amount of risk, as risk is everywhere, in life, in jobs, in markets, in relationships. His goal was to help us learn how to deal with risk using mousetraps. Most people are terrified of mousetraps and refuse to touch them. Playing with them helps us to push our comfort zone. Thank you to the brave volunteers that took that risk and showed us that it is possible and fun**.

Last but not least, I would like to congratulate Dr. Patlas for being induced in the newly created Fellowship of the Canadian Association of Radiologists. An honour for him and our department.

All the best,

David Koff
Professor and Chair, Department of Radiology
McMaster University

*see last page for more details
** refer to page 7 for photos from the evening
Hold these dates for more Visiting Professor series:

April 2nd and 3rd
Richard Mendelson – Abdomen

April 30th and May 1st
Peter Munk – MSK

Please go to Visiting Professor Program web page for more information and to view all of Visiting Professor group photos with our Radiology Residents at: http://www.fhs.mcmaster.ca/radiology/vpp/
## Rounds Calendar

### Radiology Rounds by Site 2019

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>Juravinski Hospital and Cancer Centre</td>
<td></td>
<td></td>
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<tr>
<td>0800 Resident Rounds (all rounds in DI Conf. Rm.)</td>
<td>0800 MSK Rounds</td>
<td>0800 Resident Rounds</td>
<td>0700 Hepatobiliary Rounds</td>
<td>11:00 Head/Neck Rds JCC</td>
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<tr>
<td>1200 Rad/Path Breast Rds (Rm 106 E Wing)</td>
<td>1200 Resident Rounds</td>
<td>0800 Resident Rounds</td>
<td>0800 Multidisciplinary Breast Rounds DST (388 JCC)</td>
<td>1200 Interesting Case Rounds</td>
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<tr>
<td>12:15 DI DST Rds</td>
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<td>0730 Vascular Rounds</td>
<td>0800 Stroke Rds. (David Braley Centre, General Campus, Auditorium)</td>
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<tr>
<td>14:00 GIUP Rds</td>
<td></td>
<td>(5N Teaching Room)</td>
<td>0800 CNS Tumor Rds. (DI Classroom) once a month</td>
<td>0800 Neuroscience Rds. David Braley Centre, General Campus, Auditorium)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>1230 Interesting Case Rnds Interesting Cases</td>
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<tr>
<td>Hamilton General Hospital</td>
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<td></td>
<td></td>
<td>1200 Radiology Teaching Rounds</td>
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<tr>
<td>1200 Radiology Teaching Rounds</td>
<td>0700 Spine Rds</td>
<td>0800 Adult GI Rounds, Rm.2S</td>
<td>0800 Surg/Rad/ Path (SRP) Rds – 4th Thurs. of ea. mo. Rm 2532</td>
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<tr>
<td></td>
<td>0800 Regional Cardiology Rds (David Braley Centre, General Campus, Auditorium)</td>
<td>32</td>
<td>1130 Rheumatology - ev.other wk Rm TBA</td>
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<tr>
<td></td>
<td>0815 MSK Tumor Rnds. (DI Classroom)</td>
<td>0800 RPC (3rd Wed ea. mo.) Rm 2532</td>
<td>1200 Adult Hot Seat Resident Rds</td>
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<tr>
<td></td>
<td>1200 Radiology Teaching Rounds</td>
<td>0800 Adult GI Rounds, Rm.2S</td>
<td>15:00 Clinical Teaching Unit (CTU) Every 4th Thursday, Room 2532</td>
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<tr>
<td></td>
<td>1200 Combined Stroke Rounds, DI Classroom, Rm 2-158</td>
<td>1445 Neonatal (US) Rds Rm 2532</td>
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<tr>
<td></td>
<td>1600 Trauma Rds (Theatre Auditorium) M&amp;M Rounds 1st Tues. of mo.</td>
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<tr>
<td>McMaster University Medical Centre</td>
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<tr>
<td>0800 Pediatric Hot Seat Resident Rds</td>
<td>1200 Adult Hot Seat Resident Rds</td>
<td>0800 Head &amp; Neck MCC Rounds — 4th Wed. of ea. Mo.</td>
<td>0715 – 0800 Colorectal Rounds</td>
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<tr>
<td>0800 Tumor Brd (3F)</td>
<td>1230 Neuro-oncology Rds 3F</td>
<td>1200 – 1300 Resident Hot Seat Rounds</td>
<td>0800-0900 Breast Pathology Rounds</td>
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<tr>
<td>1200 OB Rds (Dr. Mohide) Rm 2532</td>
<td>1445 Neonatal (US) Rds Rm 2532</td>
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<td>1200 Neuroradiology Rds Rm 3N50</td>
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<tr>
<td>St. Joseph’s Healthcare Hamilton</td>
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<tr>
<td>(All rounds in DI Conference Room T0102, unless otherwise specified)</td>
<td>12:00 Ultrasound Rounds</td>
<td>0800-0900 Head &amp; Neck MCC Rounds — 4th Wed. of ea. Mo.</td>
<td>0715 – 0800 Colorectal Rounds</td>
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<tr>
<td></td>
<td>1:00 – 2:00 p.m. Resident Hot Seat Rounds Indicated by an (*) asterisk on the weekly rad schedule</td>
<td>1200 – 1300 MSK Radiology Rheumatology Rounds, 1200 – 1700 Radiology Residents’ Half Day Presentations—Rotating sites—</td>
<td>0730 – 0830 Radiology Respiriology Rds, 2nd Fri. of ea. mo,</td>
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<td>1630 – 1730 Thyroid Malignancy Endocrine MCC Rounds—1st Wed. of ea. Mo.</td>
<td>1200 – 1300 Lung MCC Rounds</td>
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<td></td>
<td></td>
<td>1200 – 1300 Resident Pathology Rounds</td>
<td>1300 – 1400 Resident Hot Seat Rds,</td>
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More info can be found on the McMaster ETA website: [https://fhseta.mcmaster.ca/](https://fhseta.mcmaster.ca/)
On December 17th the Pediatric Radiologists from MUMC hosted a festive holiday lunch that provided a chance to relax and have some fun with colleagues and celebrate with holiday cheer. During lunch, the Pediatric Radiologists held a fabulous raffle by donating prizes such as a trip for four to Niagara Sheraton and Waterpark, TV, laptop, IPad, and a Kindle. Among the many prizes, forty lucky winners took home gift cards to either Indigo or Tim Hortons. The Pediatric Radiologists would like to thank all the techs, nurses, admins and clerks who generously donated to the Good Shepherd Venture Center Food Bank, raising over 50 pounds of food and over $400 in monetary donations.

Congratulations to all the prize winners!
McMaster welcomed 50+ medical students at St. Joseph’s Hospital on January 24th and 25th, 2019 during the cross-Canada CARMS tour. This year’s theme created by Kim Harper and the chiefs was a nostalgic look back at the 1990’s. The medical students were assessed by our RPC interview teams (#1 – Dr. Harish and Dr. Alnassar / #2 – Dr. Landry and Dr. Ozimok / #3 – Dr. Vanderpol, Dr. Larocque & Dr. Moffatt) during two marathon days. I want to thank the RPC members, resident group, Kim Harper and Stephanie Galez for making both days runs smoothly! The visiting medical students truly appreciated the warmth and hospitality on display.

We look forward to welcoming a new crop of medical students on Match Day – February 26, 2019!!!

Dr. David Landry
Thank you to everyone who participated the “Probing Possibilities” meeting on January 29th!
It is with mixed emotions that I share with you that Cheryl Tillmanns (Livingston) left her current position as an integrated Manager for Business Intelligence and Informatics for Diagnostic Services and MDU. Cheryl has accepted a position as Director of Diagnostic Imaging at Cambridge Memorial Hospital.

We are happy for Cheryl and wish her success in her new position but know that she will be missed. We want to thank Cheryl for bringing her positive attitude to work every day. Her leadership style coupled with her knowledge base and skills made projects easier to execute, changes easier to implement and problems easier to solve.

Cheryl was an invaluable member of our management team who is passionate about her work. She is always willing to assist with issues/gaps that are identified with a patient centric focus. She works collaboratively with all stakeholders to ensure the final solution meets the needs of patients and the various teams. Cheryl is a results oriented individual and looks at both conventional and out of the box solutions. Cheryl, and the team she led were instrumental in planning and executing consolidation of the Picture Archiving and Communication Systems (PACS) platforms at both HHS and SJHH into one city PACS system, which has resulted in clinical efficiencies and a better patient experience.

Cheryl’s last day in her role in Hamilton was January 11th, 2019.

Thank you, Shairoz Kherani
Congratulations and Good Luck to **Hiren Rangunwala**, MSK Fellow who completed the first half of his fellowship at JHCC; He has joined SJH to finish his fellowship!

**Congrats to Jennifer from MRI Dept. who retired on January 25th!**

**Congrats to Cheney Matteliano on welcoming beautiful baby boy!**
Two very special people turned 60 on January 10th!

Happy Birthday to Dr. Brian Yemen and Cheryl Malcolmson!
Introducing our newest MSK Fellow – Dr. Stephane Doucette-_preville

Hi everyone,

My name is Stephane and I yield from the Wild West of Edmonton where I completed medical school and residency at the University of Alberta. I’ve taken over from Hiren to complete my MSK fellowship at the Juravinski over the next 6 months.

Growing up close to the Rocky Mountains, alpine skiing, hiking, and biking have always been pleasures of mine. I continue bike commuting, climbing the mighty "mountain" daily to the Juravinski.

Over the last 6 months, my wife and I have explored the nooks and crannies Hamilton has to offer, from the great festival of Supercrawl to meandering waterfall walks. Please stop by anytime to share your favorite thing to do in Hamilton; we’d love to try it out! Looking forward to working with all of you in the near future.

Stephane

Alicia Noel – Clinical Leader for Interventional Radiology

As many of you are aware, Alicia Noel has recently returned following her maternity leave. Prior to her leave, Alicia worked with Tracey Corner and Kathy Badeau, in the role of the Clinical Leader for Endoscopy and GI Services. Upon her return this week, Alicia will be working in a new role, as the Clinical Leader for Interventional Radiology, working with Fran Riley.

Interventional Radiology at HHS is a very rapidly evolving service. The service has seen significant growth in our Stroke/Clot Retrieval Program, Ablation and TACE procedures, the establishment of a Pediatric IR Service and the recent integration with the Pediatric Sedation team in Children’s Hospital, all in addition to the foundational patient services in providing vascular access, biopsies, drain placements, etc. The program has a very ambitious workplan including the implementation of Meditech documentation and other planned changes with respect to the booking and triaging processes. We really value the skillset that Alicia will bring to the IR team and specifically to supporting some of these projects going forward.

I would like to thank Alicia for all of her contributions to the Endoscopy and GI Motility Service. Alicia’s support of our frontline teams allowed the managers to move forward on a number of initiatives. We look forward to Alicia’s contributions in her new role. Alicia’s office will be in Diagnostic Imaging at the General Site and she can be reached at ext. 46052 or noela@hhsc.ca.
Welcome – Hollie Spencer - Administrative Coordinator for the Integrated Nuclear Medicine and Molecular Imaging Program

Hollie started working with HHS in 2002 and has been with HHS for over 16 years. In addition to many other HHS roles, Hollie has been the Administrative Coordinator for Woman’s Reproductive Health and Newborn Care program at McMaster Medical Centre Health since 2016. Hollie is recognized and appreciated for her organizational and coordination skills within a diverse environment. Hollie completed her degree in Psychology, Neuroscience and Behavior at McMaster University in 2013 and recently acquired Green Belt LEAN Certification. In her spare time, she enjoys volunteering and giving back to her community.

Hollie can be reached at extension 73452 or email spencerh@hhsc.ca

Welcome – Tara Dalton - Radiology Residency Program Assistant

Tara is new to Hamilton Health Sciences as of February 4th. She is covering for Cheney Matteliano’s maternity leave as the Radiology Residency Program Assistant. She graduated from Mohawk College Administrative Course in 2013 but have been working administration since 2010.

You can contact Tara at extension 75294 or email dalton@hhsc.ca

Congratulations to Dr. Christian van der Pol, and co-authors Dr. Stefanie Lee, Dr. Scott Tsai and Dr. Natasha Larocque, on their recent publication in the January issue of *Abdominal Radiology.*

Congratulations to Dr. Jane Meng and Dr. Michael Patlas for their scientific paper published in the CARJ as an issue highlight with co-authors Dr. Vincent Mellnick and Dr. Sandra Monteiro.

Acute Aortic Syndrome: Yield of Computed Tomography Angiography in Patients With Acute Chest Pain
https://doi.org/10.1016/j.carj.2018.10.011

Congratulations to Dr. Michael Patlas on publishing his second book *Errors in Emergency and Trauma Radiology.*

Congratulations to Dr. Gordon Yip winning this year’s’ *The Dr. Clive Davis Award*
February is for Code White Review

HHS building satellites are to review and follow their building specific Emergency Response Quick Reference Guide.

The HHS 2019 Hospital Code White Response Plan and related resources are online on the EDM sharepoint site (click here).

Responsibilities:

- **All staff** should review the HHS 2019 Code Response Plan for this Code, complete the ppt Quiz, conduct a “what if...” area scenario on discovery and notification of this code, remember to complete the Monthly Fire Drill Review Quiz (click here) and participate in a monthly fire drill on-site if present.

*Note: This is also a good month to review the Prevention and Management of Violence in the Workplace e-learning module in the Learning Management System*

*If you have any questions or suggestions for improvements for the next code version, please contact bryll@hhsc.ca*

“Emergency preparedness is everyone’s responsibility.”
Health, Safety & Wellness Matters!
“Creating a Safe and Healthy Workplace for All!”

Hazard and Occurrence Reporting

Hamilton Health Sciences is committed to providing a healthy and safe work environment and preventing occupational illness and injury. Everyone in the workplace has a role to play in keeping the workplace healthy and safe.

- Supervisors are required to acquaint employees with any hazard in the work they do. Employees who see a hazard or contravention of the Occupational Health and Safety Act have a duty to report the situation to his/her supervisor.
- Reporting of hazards is not only a legal obligation, but timely reporting helps ensure an effective response, and also prevents workplace accidents, illnesses and injuries.
- In the unfortunate event that a worker sustains a work related injury or illness, reporting is required to ensure: the employee will be appropriately treated; the occurrence will be reported to the required organizations as legislated; the event is investigated to prevent future occurrences.
- In the event an injury meets the definition of a critical injury (see the HSW – Critical Injury or Fatality Protocol), the scene must be secured and the on call Safety Specialist paged (between 0800-2400 hrs) or the Director on call (between 2400-0800 hrs). Do not clean the area. Once the injured person has been removed from the area, access to the area must be restricted.

Reporting and Investigation Checklist

- Verbally report the unsafe condition or work related injury/illness immediately to your supervisor or staff-in-charge. If the injury meets the definition of a critical injury, page the Safety Specialist or Director on Call.
- Seek first aid as soon as possible
- Complete and submit a staff Safety Occurrence Report.
- Notify Employee Health Services as soon as possible if time is lost from work or if a health care provider is seen due to a work-related injury/illness.
- Participate in the incident investigation process as required.
- If the hazard cannot be resolved with your supervisor, contact a member of your site JHSC or your site Safety Specialist.

Actions items

- Review the HSW Internal Responsibility System and HSW Policy Statement
- Review the Critical Injury or Fatality Protocol
- Ensure you know how to contact members of your site Joint Health and Safety Committee
- Review the HHS Workplace Injury and Illness Procedure
Health, Safety & Wellness Matters!
“Creating a Safe and Healthy Workplace for All!”

Preventing Workplace Violence

Health care workers are at an increased risk of exposure to workplace violence due to factors such as working in the community, providing direct care to clients, patients or residents with cognitive impairments, working in high stress environments and working with the public.

Hamilton Health Sciences (HHS) is committed to providing a safe work environment free from workplace violence and harassment. Our goal is to ensure that all staff feel safe coming forward with concerns and that concerns are addressed quickly and appropriately. All individuals at Hamilton Health Sciences are to maintain a violence-free work environment by taking responsibility and accountability for their behaviour.

How to Report Workplace Violence or Harassment

Report workplace violence to your manager immediately and report using the Safety Occurrence Report (SOR). Response to workplace violence will be determined on a case by case basis depending on the actual and potential level of harm, risk for recurrence, risk to others and the particular circumstances.

Call a Code White when urgent help is needed and staff or other resources immediately available cannot quickly stop or decrease the harmful behaviour to a safe level. A Code White is essential when someone is a threat to their own safety, the safety of others or to HHS property.

If you feel you have experienced workplace harassment or bullying, if reasonable and safe, attempt to address the problem directly with the individual(s) concerned (Stage 1). If no resolution is achieved, or you are unable to approach the individual seek the advice and support of the appropriate manager (Stage 2). If no resolution is achieved at Stage 2, you may consult with the HHS Rights and Diversity Specialist, a Human Resources Business Partner or a union representative. You may also submit a formal complaint (Stage 3).

Note: Informal and confidential consultation with the HHS Human Rights and Diversity Specialist or a Human Resources Business Partner may occur at any time.

Actions Items

- Review the HHS Preventing and Managing Workplace Violence and Harassment Protocol
- Review the Code White Response Plan
- Know your responsibilities
- Participate in training relevant to your role and responsibilities
- Complete the annual Violence Prevention in the Workplace e-learning program

Respect    Caring    Innovation    Accountability
February Feature
Healthy Heart and Mind

Remember that your heart is affected by both your physical and emotional state. Take initiative and ensure your heart is healthy by staying physically active, maintaining a healthy weight, and eating nutritious foods. This February, take the time to love yourself!

February is Heart and Stroke Month. One of the most important things you can do to keep yourself healthy is take care of your heart. The article Are You at Risk for Heart Disease? will give you an overview of common risk factors, and Cholesterol Numbers and What They Mean goes into more depth about keeping your cholesterol levels in a healthy range.

Keeping fit is also key to heart health. If you need help starting an exercise routine, the Health and Well-being Toolkit is a great resource, or you can get help maintaining your healthy habits by reading the article Fitness When Life Feels Frenzied.

February 4th is also World Cancer Day. Early detection is critical to diagnosis and treatment. Read the article Keeping Up With Health Screenings to learn more about which screenings might be recommended for you.

Online: login.lifeworks.com
Username: HHSC Password: MSSI
Call LifeWorks toll-free, 24/7: 1-888- 521-8300
TTY:
Search the platform any time for helpful resources related to this topic.
Download the “LifeWorks” App!

LifeWorks

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Researcher Spotlight – Dr. Christian van der Pol

This month’s issue of Research Corner is highlighting Dr. Christian van der Pol and his exciting research that he is working on.

Assistant Professor, Dr. van der Pol is now in his second year of practice at Hamilton Health Sciences (HHS) at the Juravinski Hospital and Cancer Centre. Dr. van der Pol completed his fellowship in Abdominal Imaging and Intervention at Brigham and Women’s Hospital in Boston, Harvard Medical School. With an undergraduate degree in Electrical and Biomedical Engineering Dr. van der Pol brings an interesting background to his research projects. Currently sitting on the American College of Radiology Liver Imaging and Reporting Data System (LI-RADS) Evidence Working Group, where Dr. van der Pol has performed research to further explore evidence around LI-RADS; most recently he published a diagnostic test accuracy systematic review in Gastroenterology as lead author (impact factor: 20.9) that established the percentage of HCC and overall malignancy for each LI-RADS category. He has completed multiple prior abdominal imaging research studies and has 23 peer-reviewed publications and 17 abstracts and conference presentations. Dr. van der Pol is currently supervising radiology clinical fellows and residents on their clinical rotations and on hepatobiliary imaging-related research projects. Dr. van der Pol’s research interests include hepatobiliary and genitourinary imaging, machine learning, and systematic reviews.

Recently Dr. van der Pol was awarded the HHS New Investigator Fund and CAR Canadian Radiological Foundation awards for his project on *Machine Learning Applied To Liver Imaging: Automating Liver Observation Categorization Using Li-Rads*. Stay tuned for more exciting projects to come from Dr. van der Pol!

Over the next few months, Research Corner will be highlighting HHS Staff in the Department of Radiology who are excelling in research. If you know of a staff member that you think should be highlighted, please contact Jane Castelli (castellij@hhsc.ca), DI & MDU Research Manager (HHS), MIIRC@M Research Manager (McMaster University).

Submitted by:

Jane Castelli

MIIRC@M brings together radiologists and engineers in order to bridge the gap between clinical studies and computer sciences and to solve specific issues in Medical Imaging; a cross-over program between the Faculty of Health Sciences and Engineering, the centre has been funded by both Faculties and its goal is to provide a nurturing environment to the researchers interested from McMaster or other institutions, match the adequate skills and resources, and facilitate access to grants and industry partnerships.
**DID YOU KNOW? GALETTE DES ROIS**

The cake traditionally celebrating Epiphany in France and Quebec is sold in most bakeries during the month of January. The cake called *galette des rois* in French consists of flaky puff pastry layers with a dense center of frangipane or apple.

Tradition holds that the cake is "to draw the kings" to the Epiphany. A figurine, la fève, which can represent anything from a car to a cartoon character, is hidden in the cake and the person who finds the trinket in his or her slice becomes king for the day and will have to offer the next cake. Originally, la fève was literally a broad bean (fève), but it was replaced in 1870 by a variety of figurines out of porcelain or—more recently—plastic. These figurines have become popular collectibles and can often be bought separately. Individual bakeries may offer a specialized line of fèves depicting diverse themes from great works of art to classic movie stars and popular cartoon characters. The cakes are usually sold in special bags, some of which can be used to heat the cake in a microwave without ruining the crispness of the cake. A paper crown is included with the cake to crown the "king" who finds the fève in their piece of cake. To ensure a random distribution of the cake shares, it is traditional for the youngest person to place him- or herself under the table and name the recipient of the share which is indicated by the person in charge of the service. Formerly, the cake was divided into as many shares as there were guests, plus one.