I hope everyone enjoyed a wonderful summer. As the days get shorter, enjoy the pleasure of the light and the warmth while it lasts.

Many summer projects were in the works with some achievements of note:

- As our department is becoming more academic oriented, we have reached a consensus on the Academic Practice Plan. This is a major step forward in creating fairness and equity, supporting our academic mission with equal chances to all our radiologists willing to thrive in education. It will gain us the respect and credibility we deserve at McMaster University and beyond. You will hear more soon.

- I have the pleasure to welcome our new fellows and sincerely hope they enjoy a great year of excellent teaching and practice. They will benefit from a new evaluation system that I encourage them to use. We want this fellowship to be a unique educational experience and remind you that we are offering new subspecialty training in neuroradiology and pediatrics, on top of the existing musculoskeletal imaging, women’s imaging, interventional radiology and cross-sectional fellowships.

- The department is also moving along the research path, with a number of our radiologists involved in exciting projects in partnership with clinicians at all sites. On that note, the long anticipated results of our controversial Multiple Sclerosis research was published mid August on PLOS ONE. Technologists and radiologists at St. Joe’s and the General have been involved on the ultrasound and MR sides.

- We have not demonstrated any evidence to support the CCSVI theory.

- We want to position our department as a leader in radiation safety and I take this opportunity to congratulate Dr. Julian Dobranowski for his contribution to a “medical imaging primer with focus on X-ray usage and safety”, available on the CAR website. A number of initiatives are under consideration, such as the implementation of a software solution to track the doses from all our CT’s in the city, the highest radiation source in radiology. Building on previous research performed in our department, we hope to create a database designed to assess the long-term effect of radiation on targeted populations.

- Quality is a priority and the long awaited automated proactive quality control tool will hopefully be implemented by the end of September. This will be a great educational opportunity, allowing a random sampling of our radiology reports before they are issued.

Last, but not least, we had an unusual guest in our Chedoke-Patterson building 2 weeks ago. A baby boa was happily removed by security. See more on The Back Page.

My best wishes as we return back to school!

Dr. David Koff
Chief of Diagnostic Imaging, HHS
Chair, Department of Radiology, FHS
EDUCATIONAL NEWS

VISITING PROFESSOR SERIES

Professor Richard M. Mendelson
Clinical Professor, School of Surgery and Pathology, University of Western Australia
Consultant Radiologist, Division of Imaging, Royal Perth Hospital, Perth, W Australia

“Incidentalomas“ in the Abdomen
Wednesday, September 18th, 2013, 7:30 a.m. - Room T2202, Campbell Auditorium

Contrast-enhanced Ultrasound of Focal Liver Lesions
Wednesday, September 18th, 2013, 12:00 p.m. - Room T2202, Campbell Auditorium

**Note: No Tuesday evening lecture for the month of September**
Juravinski Innovation Tower, Level 2, St. Joseph’s Healthcare Hamilton

PEDiATRIC ROUNDS

Dr. Helen Branson
Pediatric Neuroradiologist, Department of Diagnostic Imaging
The Hospital for Sick Children, Toronto, Ontario
Assistant Professor, Department of Medical Imaging
University of Toronto

“Pediatric CNS Infections”
Thursday, September 17th, 2013, 1:30 p.m. - Large Seminar Room - 2S32

“Myelin and Myelination”
Thursday, September 17th, 2013, 5:00 p.m. - Large Seminar Room - 2S32

McMaster University Medical Centre (MUMC), Department of Diagnostic Imaging

VASCULAR INTERVENTIONAL RADIOLOGY ROUNDS

Thursday, September 19th, 2013, 6:30 - 8:30 p.m. - Large Seminar Room - 2S32
McMaster University Medical Centre (MUMC), Department of Diagnostic Imaging
(Video Conference - University of Toronto)

FUTURE ROUNDS

Emergency Radiology Grand Rounds - Dr. Jorge Soto
Topic: “Blunt abdominal trauma: Update 2013”
Tuesday, October 29th, 2013, 6:00 p.m.
Topic: “Imaging of acute pancreatitis: Current concepts”
Wednesday, October 30th, 7:30 a.m.
Topic: “Imaging of biliary tract emergencies”
Wednesday, October 30th, 12:00 noon
Juravinski Innovation Tower, Level 2, St. Joseph’s Healthcare Hamilton
# Round Calendar

<table>
<thead>
<tr>
<th><strong>JURAVINSKI HOSPITAL &amp; CANCER CENTRE</strong></th>
<th><strong>MONDAY</strong></th>
<th><strong>TUESDAY</strong></th>
<th><strong>WEDNESDAY</strong></th>
<th><strong>THURSDAY</strong></th>
<th><strong>FRIDAY</strong></th>
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<tbody>
<tr>
<td><strong>0800 Resident Rounds (all rounds in DI Conf. Rm.)</strong></td>
<td><strong>0800 MSK Rounds</strong></td>
<td><strong>0800 Resident Rounds</strong></td>
<td><strong>0800 Resident Rounds</strong></td>
<td><strong>0730 Hepatobiliary Rounds</strong></td>
<td><strong>1200 Interesting Case Rounds</strong></td>
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<tr>
<td><strong>1200 Rad/Path Breast Rds (Rm 106 E Wing)</strong></td>
<td><strong>1200 Resident Rounds</strong></td>
<td><strong>0800 Multidisciplinary Breast Rounds</strong></td>
<td><strong>1200 Resident Rds</strong></td>
<td><strong>1310 Sarcoma Rounds - (3rd floor conference room)</strong></td>
<td><strong>1200 Resident Rds</strong></td>
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<tr>
<th><strong>HAMPTON GENERAL</strong></th>
<th><strong>MONDAY</strong></th>
<th><strong>TUESDAY</strong></th>
<th><strong>WEDNESDAY</strong></th>
<th><strong>THURSDAY</strong></th>
<th><strong>FRIDAY</strong></th>
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<tr>
<td><strong>1200 Radiology Teaching Rounds</strong></td>
<td><strong>0700 Spine Rds</strong></td>
<td><strong>0730 Vascular Rounds</strong></td>
<td><strong>0800 Stroke Rds,(David Braley Centre, General Campus, Auditorium)</strong></td>
<td><strong>0800 Neuroscience Rds. David Braley Centre, General Campus, Auditorium)</strong></td>
<td><strong>1200 Radiology Teaching Rds.</strong></td>
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<tr>
<td><strong>0800 Resident Rds</strong></td>
<td><strong>0800 Regional Cardiology Rds (David Braley Centre, General Campus, Auditorium)</strong></td>
<td><strong>0800 Arrhythmia Rds. (Theatre Auditorium, HGH)</strong></td>
<td><strong>1200 Radiology Rds. Interesting Cases</strong></td>
<td><strong>1200 Resident Rds. every 3rd Thurs. each month. (notify residents call Dr. Bradley &amp; Med. Resident on 8 South)</strong></td>
<td><strong>1200 Radiology Teaching Rds.</strong></td>
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<tr>
<td><strong>0800 Tumor Brd (3F)</strong></td>
<td><strong>1200-1300 Ultrasound Rds &amp; Fetal MR, Room 2532</strong></td>
<td><strong>1230 M&amp;M Rds. (DI Classroom), set once a month</strong></td>
<td><strong>1200 Dr. Bradley's Rds, every 1st Thurs. each month. (notify residents call Dr. Bradley &amp; Med. Resident on 8 South)</strong></td>
<td><strong>1200 GI Rounds Room 2532</strong></td>
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<tr>
<th><strong>MUMC</strong></th>
<th><strong>MONDAY</strong></th>
<th><strong>TUESDAY</strong></th>
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<tr>
<td><strong>0800 Tumor Brd (3F)</strong></td>
<td><strong>1330 Neuroradiology Rds</strong></td>
<td><strong>TBA</strong></td>
<td><strong>(TBA)</strong></td>
<td><strong>1500 Clinical Teaching Unit (CTU) Every 3rd Thursday, Room 2532</strong></td>
<td><strong>1200 GI Rounds Room 2532</strong></td>
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<tr>
<td><strong>1200-1300 Ultrasound Rds - Techs/Residents, Fellows staff Dr. A. Coret</strong></td>
<td><strong>0700 - 0800 ENT Rds. last Tues of each mo. Dr.J.Coret-Simon</strong></td>
<td><strong>0800 Adult Gl Rounds, Rm.2532</strong></td>
<td><strong>0800 Resident Comm. Education, 3rd Wed. of ea. mo. Room 2532</strong></td>
<td><strong>0800 GI Rounds Rm.2532</strong></td>
<td><strong>0800 GI Rounds Room 2532</strong></td>
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<tr>
<td><strong>1300 - 1400 Resident Hot Seat Ronds - Rad Residents, Students, PA Clerks</strong></td>
<td><strong>0800 Regional Cardiology Rds (David Braley Centre, General Campus, Auditorium)</strong></td>
<td><strong>0800 Neuroradiology Rds, Residency at 3rd Wed. of each mo.</strong></td>
<td><strong>0800 GI Rounds Rm.2532</strong></td>
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<th><strong>ST. JOSEPH’S HEALTHCARE HAMILTON</strong></th>
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<td><strong>1300 – 1400 Resident Hot Seat Ronds - Rad Residents/Students /PA Clerks, Radiologists’ Reporting Rm. Indicated by an (*) asterisk on the weekly rad schedule</strong></td>
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*All rounds in DI Conference Room T0102, unless otherwise specified*
MARK YOUR CALENDAR

Wednesday, October 30th, 2013
1/2 DAY @ LIUNA STATION - 12:00 - 5:00pm
360 James Street North, Hamilton, ON

*Free Parking*

"DECODING DIAGNOSTICS"

OBJECTIVES
Provide the participants with:
- Clear pathways and guidelines for ordering the appropriate diagnostic test
- Clinical pearls and clear imaging options and pathways
- Informative patient radiation safety knowledge

TARGET AUDIENCE
Family Physicians, Nurse Practitioners, Residents, Students and all Other Health Professionals in the fields that require Diagnostic Imaging for the care of their patients.

Visit the CHSE Website at www.fhs.mcmaster.ca/conted

www.fhs.mcmaster.ca/conted
2013-2014 FELLOWS

Dr. Fady Abdelsayed

Dr. Mohammed Aggag

Dr. Joshua Gitlin

Dr. Shauna Kennedy

Dr. Rahaan Nensey

Dr. Michelle Ong

Dr. Stephany Pritchett

Dr. Priyanka Singh

Dr. Nida Syed
2013-2014 RESIDENTS

Dr. Ibraheem Afzal

Dr. Akeel Al-Ali

Dr. Parisa Fani

Dr. Josh Halperin

Dr. Patrick Kennedy

Dr. Nigel Munce

Dr. Victoria Tan
In June this year, at their annual meeting in Barcelona, Professor Sat Somers was awarded an honorary fellowship of the European Society of Gastrointestinal and Abdominal Radiologists (ESGAR). This is for his contribution to abdominal radiology and ESGAR. By receiving this award, he becomes a member of a unique group of 27 internationally recognised abdominal radiologists from around the globe.

In November last year, he was invited by the RSNA to give a refresher course on biliary surgery. He is the first person from McMaster University in the last 20 years or so to have been given this honour.

The picture shows Professor Somers receiving the award from Professor Luis Marti-Bonmati, President of ESGAR (on the left), and Professor Alan Freeman, who gave the introduction (on the right).

Congratulations - Dr. Sat Somers

Dr. Michael Patlas was appointed Chair of Abstract Submissions for the Canadian Association of Radiologists. Dr. Patlas will provide leadership in the administration of the CAR contests held during the Annual Scientific Meetings and ensure all CAR contests are managed equitably.

"After finishing her radiology residency at McMaster, Dr. Kelly Ainsworth completed a Pediatric Radiology Fellowship at Sick Kids in Toronto and has returned as a General Pediatric Radiologist at MUMC, with a special interest in musculoskeletal imaging.

She has been a board certified Chiropractor since 2004, giving her a strong clinical background in musculoskeletal and spinal health, which compliments her special interest in musculoskeletal imaging.

Kelly has a keen interest in research, having conducted and published research in several fields; her current research project involves the imaging features of pediatric fibrosarcomas. She has served as an editor for the Journal of the Canadian Chiropractic Association since 2008."

Submitted by: Teresa Chondor
"Physician" has a daunting job description: medical expert, specialist, confidant, psychologist, friend ... The list continues.

Medical school gives us the basic fundamentals: The knowledge to embark on a fight against morbidity and mortality, and the skills to pursue a lifetime of self-directed learning as technologies, disease processes and even patients change, vastly.

But how do we physicians develop the other skills, the "soft skills", necessary to move beyond the ideals of "medicine" and appeal to humanity? I am not saying that those who go into medicine aren’t already a breed with a caring edge. But how do we, as physicians in training, learn how to help our patients navigate through the emotional, physical and spiritual aspects of illness, healing and sometimes, even dying?

It is through our mentors — the physicians who work in academic centres and teaching facilitates. The ones with years of experience who teach in the corners of the ER, "on-the-fly" on the medical wards, or in my case, in front of a mammography reading station — all when no one else is watching. They are some of the unsung heroes of our medical system.

I think of my mentor, Dr. Terry Minuk, staff radiologist at our local Juravinski Hospital and Cancer Center, and lead of the Ontario Breast Cancer Screening Program in our region. Over the past year, he has spent countless hours of his own time teaching me everything he knows about breast cancer and the women, and men, who fight it. Dr. Minuk has not only taught me the academic aspects of the disease, he has taught me to always consider the specific needs of each and every patient who passes through our department. He has forced me to consider the effects our diagnostic and treatment options may have on patients, their families and those who care for them.

He has led by example, treating every patient with the respect and consideration with which he would treat his own mother or wife. In doing so, he has taught me to be a better physician and really, a better version of myself.

As I come to the end of my training and embark on a staff position, I am grateful for the time Dr. Minuk has spent with me. I also have no doubt that each and every physician in training can name a mentor (or several) who helped them become the physician they are today.

Trainees don’t always have the chance to say thank you, (it is often hard to find the words), so I will take this opportunity to "tip my hat" to Dr. Minuk and all of the physician mentors and teachers in Hamilton and at large.

You all know who you are.

Dr. Mary Grant lives in Hamilton. June 30 marks the end of the 2012-2013 medical academic year, when many doctors finish residencies or fellowships and embark upon staff positions.

Article appeared in The Hamilton Spectator
CONGRATULATIONS

Dr. Eli Tshibwabwa was awarded the Clerkship Preceptor in the Pre-clerkship at the May 24th, 2013 Hippocratic Oath Ceremony of the MD Graduates (Class of 2013, McMaster University Undergraduate Program) in recognition of Outstanding Preceptorship in Pre-clerkship.

Dr. Tshibwabwa worked as tutor and instructor with the class of 210 students throughout their Medical Foundations (MFs 1, 2, 3, 4 and 5) during their pre-clerkship.

Dr. Luciana Ribeiro, from the Hamilton General Site, welcomed a beautiful baby boy on July 31st, 2013.

Baby Alexander was born at St. Joseph’s Hospital weighing in at 5.8 lbs. Mom and baby are doing great.

Congratulations Dr. Ribeiro!

Dr. Heba Takroui and Dr. Mut’az Alnassar, from the McMaster Site, welcomed baby #3 on Thursday, August 22nd, 2013.

Baby Tia weighed 7.6 lbs. and is a welcome baby sister to her older brothers, age 6 and 8 years.

Congratulations Drs. Takroui and Alnassar!

Cheryl Livingston (new Tillmanns) tied the knot on July 11th, 2013 in Cambridge, Ontario

Cheryl & Brent enjoyed a wonderful honeymoon in Mexico and Hawaii!!

Congratulations Cheryl!

Submitted by: Teresa Chondor
**Best care** is about delivering the highest quality care delivered with respect and compassion. It’s about connecting with our patients, their families and each other on a human level that respects the individual values, needs and voice in the decisions that are made. It’s grounded in research, evidence and continuous innovation to advance our practice. Best care embraces all partners across the larger community to ensure a seamless experience for patients, families, and healthcare providers.

**For ALL** includes those we care for in the community and region and the care we influence around the world through our academics and research.

We know that “the success of strategy depends upon the actions of many people others”. The engagement survey sent a clear message that you want to feel connected to an inspiring future. Over the next several months, the DS Management team will be engaging with you in conversations about the Best Care or All. One of the most powerful ways to accomplish this is through storytelling. To that end, we aspire to share and collect stories that demonstrate the Best Care for All in action.

As well, HHS is planning a film festival in November to celebrate stories from across the organization of our vision and goals in action. This is an opportunity for our staff and stories to shine. Diagnostic Services will be submitting story idea in September; so be sure to forward your ideas and thoughts over the next month!
The summer months have been a busy time for researchers at HHS, with many avoiding the heat by working hard on publishing their research projects. Recently, Dr. Ian Rodger et al from McMaster University, published their study Evidence against the Involvement of Chronic Cerebrospinal Venous Abnormalities in Multiple Sclerosis. A Case-Control Study in the journal PLOS ONE. This study debunked a controversial theory by Dr. Paolo Zamboni who first suggested that chronic cerebrospinal venous insufficiency (CCSVI) is linked to multiple sclerosis (MS) and that patients’ symptoms were alleviated after undergoing angioplasty to clear the blockages. The researchers at McMaster say they failed to find any blockage in the internal jugular, vertebral or deep cerebral veins in 99 of the 100 patients with MS, compared with the 100 subjects with no history of the disease. As reported by the researchers, this is the first study to find “compelling evidence” that CCSVI is not involved in MS.

The full article can be found at: 
www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0072495

Submitted by: Jane Castelli

It is our pleasure to introduce Margo Russell as the successful applicant for the Integrated Facilities Redevelopment Coordinator role, as of July 15th. Margo will contribute her experience and expertise to various redevelopment projects in Diagnostic Imaging, Nuclear Medicine, MDU/EDS at both Hamilton Health Sciences and St. Joseph’s Healthcare, Hamilton.

Margo will work with all Diagnostic Services and MDU/EDS Managers on their respective facilities and redevelopment projects. In her role, she will interface with the Integrated Office of Strategy Management and Integrated Offices of Radioisotope and Radiation Safety and Protection.

Please join us in wishing Margo well as she embarks on new opportunities to further improve the comfort of our patients, community and workplace environment of our staff.

Submitted by: Vera Dodds
Hamilton Health Sciences is holding our first ever Film Festival. We are so excited and we want YOU to be too. Every day we see and hear amazing stories of how volunteers, employees and physicians bring our vision of Best Care for All to life. It is time to tell those stories and make them into something memorable for everyone to see. So let’s make this the first film festival of many. This is your opportunity to tell your story and showcase the excellent work performed by your team.

**How can YOU participate:**
- Submit a story idea
- Join a video team as an actor, director, writer, etc.
- Volunteer to be a judge
- Volunteer to help out at the Film Festival event
- Come to the Film Festival and vote for your favourite video

**For more information:**
- Email: filmfestival@hhsc.ca
- Phone: ext. 77514
- Website: [http://corpweb/filmfestival](http://corpweb/filmfestival)

Submitted by: Trish Onken

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Show your support to the Juravinski Team!

Please join Captain Dr. Minuk and **The Mammo Brigade** for the 2013 Bright Run.

Just click on link below to register your name and/or to donate to the team.

The run takes place on Saturday, September 7, 2013 for a 1 or 5 km route along the "Rail Trail" in the beautiful Dundas Valley Conservation Area. You can also click on the link to donate to the team.


Submitted by: Debby Turner

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**Have you seen Baby Boa?**

**Memo from Chedoke Site Administrator & Security Supervisor** - “On August 14, during a regular evening patrol, security found a snake in the hallway of the second floor of the Patterson building. The security guard immediately contained the snake in a garbage can and contacted Animal Control to remove the snake from the building.”

Thoughts from Kim Harper ...

“Ok, in my mind a boa is a boa (baby or not) and they constrict (baby or not). The upside ... boas feast upon mice, lizards, bats and amphibians so you would have no concerns about confronting one of those nasty office pests should you be housing a boa in your filing drawer. More good news is that eagles, jaguars and crocs are natural predators of boa constrictors, so you may consider taking up a collection to invest in an eagle (your most cost-effective choice and probably the easiest to maintain given the choices).

**Bottom line, my Examining Room Office in the trailer at Charlton/James is starting to look 5-star**

P.S. - boa skins do make for great shoes & handbags too.

(and you can never have enough of those)!”

Submitted by: Chrystal Church

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Congratulations to **Margaret Lepage** on 30 years of dedicated service at HHS. We have been fortunate enough to have had Margaret with us in the DI film file room for almost half this time.

Thank you for these many years of hard work.

**We are lucky to have you!**

Submitted by: Trish Onken