

Workshops are held on
Fridays - 8:30am - 4:30pm
McMaster University Health Sciences Centre

2017 SPRING DATES:

March 3 & 24 Cancelled
April 7 & 21
May 12 & 26
June 16

Planning Committee

Beth Murray-Davis, RM, PhD
Assistant Professor
HHS New Investigator
Midwifery Education Program
McMaster University

Donna M. Fedorkow, MD, FRCSC, MSc
Professor, Obstetrics & Gynecology
Undergraduate Coordinator
MF3 Subunit Planner
Urogynecology Division Director
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**Janice A. Harvey, BSc, MD, CCFP, FCFP,
Dip. Sport Med.**
Physician, McMaster University DBAC, SWC
Assistant Clinical Professor
Department of Family Medicine
Assistant Director
Standardized Patient Program, CSBL
McMaster University

Leigh Norman
Program Administrator
Standardized Patient Program
McMaster University, HSC1M1-S2

Sheilah Laffan
Program Manager
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Registration Information

**CONTINUING HEALTH
SCIENCES EDUCATION**

P: 905-525-9140 ext 22671
F: 905-572-7099
E: cmereg@mcmaster.ca

Clinical Skills in Well Woman Care

STANDARDIZED PATIENT PROGRAM



TARGET AUDIENCE

Registered Nurses, Registered Practical Nurses, Nurse Practitioners, Physician Assistants and Midwives.

OBJECTIVES

1. Provide the learner with an overview of the normal anatomy of the female genitalia and breasts.
2. Review the current clinical guidelines for biologic and cytological screening for common gynecologic conditions.
3. Demonstrate the clinical approach to the assessment of the female genital tract.
4. Provide an opportunity for the learner to practice the speculum exam in a supervised educational setting, on live teaching models.
5. Demonstrate the clinical approach to the breast exam and teaching techniques for the breast self-examination (BSE), on live teaching models.
6. Provide the learner with an overview of sexually transmitted infections.

THE PROGRAM

The goal of this unique educational program is to provide a practical hands-on learning opportunity for health care professionals in the area of Women's Health.

The attendees will have the opportunity to begin to develop the clinical skill set necessary to perform breast and pelvic assessments of the well woman.

As well, this introductory program will cover the current guidelines and sampling techniques used in screening, diagnosis, and follow-up of common gynecological conditions of the female genital tract.

AGENDA

EACH DATE IS LIMITED TO A MAXIMUM OF 12 PARTICIPANTS

08:30 - 09:45 Introduction and Overview (breakfast provided)

Group A - Didactic

Group B - Practical

- 10:00 - 12:30
- screening guidelines
 - sampling techniques
 - pearls + pitfalls
 - discussion
- women's health SP
 - breast exam
 - pelvic exam

12:30 - 13:15 LUNCH (provided)

Group B - Practical

Group A - Didactic

- 13:15 - 15:45
- women's health SP
 - breast exam
 - pelvic exam
- screening guidelines
 - sampling techniques
 - pearls + pitfalls
 - discussion

15:45 - 16:15 Wrap-up & Evaluation

*Program subject to change

PARKING

You can park in one of the parking lots on McMaster University's Central Campus or at McMaster Hospital underground parking.

Cost is approximately \$20.00

Visit the Parking & Transit Services website for more information:
<http://parking.mcmaster.ca>

FOR DIRECTIONS AND MAP, PLEASE GO TO:

www.mcmaster.ca/welcome/directions.cfm

After registering, you can expect to receive an email from spadmin@mcmaster.ca approximately one week prior to the workshop date, with details regarding meeting room location.

GENERAL INFORMATION

CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations up to 2 weeks prior to the course (for the date registered) will be refunded minus a 20% administrative fee. No refunds will be issued for cancellations received less than 2 weeks from the course date.

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent via email if provided. Receipts will be provided in your registrant package. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

ACTIVITY PACKAGE

As the registrant, your activity package includes refreshments and lunch.

LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this activity.
- That may result from the use of technologies, program, products and/or services at this activity.
- That may arise out of, or during this activity.

ACCREDITATION STATEMENT

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

