

Friday, May 26th - Sunday, May 28th, 2017
Hamilton Convention Centre, 1 Summers Lane, Hamilton, ON, Canada

CONTEMPORARY ACUPUNCTURE ADVANCES

IMPLEMENTING CONTEMPORARY ACUPUNCTURE TECHNIQUES TO IMPROVE CLINICAL OUTCOMES



TARGET AUDIENCE

Health Care Professionals who wish to integrate acupuncture in a musculoskeletal medicine practice such as Licensed Acupuncturists, Chiropractors, Naturopathic Doctors, Osteopaths, Physicians, Physiotherapists, Podiatrists, Registered Massage Therapists, Residents and Students.

www.fhs.mcmaster.ca/conted/acupuncture.html

FOR ACTIVITY INFORMATION

CAROL STEWART, CMP, CHSE Coordinator
McMaster University
Continuing Health Sciences Education
P: 905-525-9140 x 20052
E: castewa@mcmaster.ca



Download our mobile apps and get push notifications updates about the program!

FOR REGISTRATION INFORMATION

E: cmereg@mcmaster.ca
P: 905-525-9140 x 22671
F: 905-572-7099

REGISTER ONLINE

www.fhs.mcmaster.ca/conted/register.html



For information on the Canadian Contemporary Acupuncture Association or to become a member please visit:

www.contemporaryacupuncture.ca



facebook.com/mcmaster.conted



twitter.com/mcmasterchse



ca.linkedin.com/in/mcmasterchse

Friday, May 26th - Sunday, May 28th, 2017

Hamilton Convention Centre by Carmen's, 1 Summers Lane, Hamilton, ON, Canada

LEARNING OBJECTIVES

At the end of this activity, participants will be able to:

- Recognize the most effective strategies to improve clinical outcomes when applying contemporary acupuncture in clinical practice, based on up-to-date research and personal clinical experience from a group of world leaders in neurofunctional acupuncture.
- Distinguish practical approaches for application of contemporary acupuncture across a diverse spectrum of clinical topics including oncology, spinal cord injury, post-traumatic stress disorder (PTSD), temporomandibular joint (TMJ) disorders, sports injuries and other commonly seen clinical conditions.
- Identify emerging evidence found in contemporary acupuncture research that will assist participants in enhancing clinical decision as it relates to diagnosis & contemporary acupuncture treatment.
- Apply practical demonstrations during workshops of the needling techniques derived from these approaches.

ANATOMY WORKSHOP

The optional pre-activity Anatomy Workshop will review and reinforce the neuro-anatomy of the acupuncture points and the relevance to clinical outcomes.

ANATOMY SESSION

Alejandro Elorriaga Claraco, MD, Sports Medicine
Specialist (Spain)
Program Director and Senior Lecturer
McMaster Contemporary Medical Acupuncture
Program
Assistant Clinical Professor
Department of Anesthesia
McMaster University, Hamilton

Michael Prebeg, BSc, DC
Lecturer and Clinical Instructor
McMaster Contemporary Medical Acupuncture
Program
McMaster University, Hamilton, ON
Consulting Chiropractor Toronto Blue Jays
Consulting Chiropractor NHLPA

PLANNING COMMITTEE

Ravinder Ohson, MD, CCFP – Co-Chair

Senior Lecturer and Clinical Instructor
McMaster Contemporary Medical Acupuncture Program
Department of Family Medicine
McMaster University, Hamilton, ON

David G. Salanki, DC – Co-Chair

Chief Instructor and Senior Lecturer
McMaster Contemporary Medical Acupuncture Program
McMaster University, Hamilton, ON

Alejandro Elorriaga Claraco, MD, Sports Medicine Specialist (Spain)

Program Director and Senior Lecturer
McMaster Contemporary Medical Acupuncture Program
Assistant Clinical Professor
Department of Anesthesia
McMaster University, Hamilton, ON

Angelica Fargas-Babjak, MD, FRCPC (Anesthesia)

Program Chair and Senior Lecturer
McMaster Contemporary Medical Acupuncture Program
Professor Emeritus
McMaster University, Hamilton, ON

Michael Prebeg, BSc, DC

Lecturer and Clinical Instructor
McMaster Contemporary Medical Acupuncture Program
McMaster University, Hamilton, ON
Consulting Chiropractor Toronto Blue Jays
Consulting Chiropractor NHLPA

Angela Silla

Acting Program Manager
Continuing Health Sciences Education
McMaster University, Hamilton, ON

Carol Stewart

CHSE Coordinator
Continuing Health Sciences Education
McMaster University, Hamilton, ON

McMASTER FACULTY/GUEST FACULTY

Alejandro Elorriaga Claraco, MD, Sports Medicine Specialist (Spain)

Program Director and Senior Lecturer
McMaster Contemporary Medical Acupuncture Program
Assistant Clinical Professor
Department of Anesthesia
McMaster University, Hamilton

Scott A. Cota, MD

US Navy Captain
Family Medicine Physician

Angelica Fargas-Babjak, MD, FRCPC (Anesthesia)

Program Chair and Senior Lecturer
McMaster Contemporary Medical Acupuncture Program
Professor Emeritus
McMaster University, Hamilton, ON

Matt Nichol

Director of Performance at Paragenix Systems Inc.
Creator of Biosteel Sports Nutrition Inc.
B.Ed., M.Kin., NCCP Level IV/V Strength and Conditioning

Victor Segarra Nuñez

Michael Prebeg, BSc, DC

Lecturer and Clinical Instructor
McMaster Contemporary Medical Acupuncture Program
McMaster University, Hamilton, ON
Consulting Chiropractor Toronto Blue Jays
Consulting Chiropractor NHLPA

Narda G. Robinson, DO, DVM, MS, FAAMA

CuraCore Integrative Medicine & Education Center
Fort Collins, CO, USA

Anil Rick Soordhar, DDS, DABCP, DFAACP, FAACP, AFAAID

B.Sc. - Bachelor of Science (McMaster University)
D.D.S. - Doctor of Dental Surgery (General Dentist)
DABCP - Diplomate American Board of Craniofacial Pain
DFAACP - Distinguished Fellow American Academy of Craniofacial Pain
FAACP - Fellow American Academy of Craniofacial Pain
AFAAID - Associate Fellow American Academy of Implant Dentistry

Steve Staios

Hamilton Bulldogs

Raymond Wong, MD, FRCPC

Associate Professor, McMaster University
Department of Oncology - Division of Radiation Oncology
Joint Appointment - Department of Medicine

Friday, May 26, 2017

ANATOMY LAB WORKSHOP

08:15 – 08:45

REGISTRATION

09:00 – 12:00

Anatomy Lab Workshop: Review and reinforce the neuro-anatomy of the acupuncture points and the relevance to clinical outcomes

MASTER SESSION I

Techniques as the Foundation of Better Clinical Outcomes

15:30 – 16:00

REGISTRATION

16:00 – 16:15

Welcome and Orientation

Ravinder Ohson and David Salanki, Canada

16:15 – 16:35

Techniques with Filiform Needles: Understanding the therapeutic possibilities
Alejandro Elorriaga Claraco, Spain/Canada

16:35 – 17:00

Using Neuroanatomic Acupuncture Techniques with an Osteopathic Twist in the Treatment of Musculoskeletal Problems
Narda Robinson, United States

17:00 – 17:10

Question & Answer

17:10 – 17:20

BREAK & VISIT EXHIBITORS

17:20 – 18:00

Contemporary Acupuncture Techniques for Problems of Masticatory Apparatus: From general practitioner to specialist
Rick Soordhar, Canada

18:00 – 18:40

Improving Clinical Outcomes in Oncology Practice by Integrating Acupuncture and Related Techniques
Raimond Wong, Canada

18:40 – 18:55

Question & Answer

18:55 – 19:00

CLOSING REMARKS

Ravinder Ohson and David Salanki, Canada

19:00 – 20:00

RECEPTION

** Activity subject to change.

Saturday, May 27, 2017

Morning Session

07:00 – 07:45

REGISTRATION & CONTINENTAL BREAKFAST

07:50 – 08:00

Introduction to Master Session II
Ravinder Ohson, Canada

MASTER SESSION II

Adapting and Refining Acupuncture Techniques in Contemporary Practice

08:00 – 10:00

Hope for Spinal Cord Injury Patients -- A Translational Perspective Based on Success in Veterinary Medicine
Narda Robinson, United States

10:00 – 10:15

MORNING BREAK & VISIT EXHIBITORS

10:15 – 10:55

A New Acupuncture Approach to the Treatment of Pain: Integrating neuro-mapping and neuromodulation techniques
Alejandro Elorriaga, Spain/Canada

10:55 – 11:35

EPI Technique A New Approach for Tendinopathies Treatment
Victor Segarra Nuñez, Spain

11:35 – 12:00

Panel Discussion: Narda Robinson, Alejandro Elorriaga and Victor Segarra Nuñez
Moderator: Ravinder Ohson, Canada

12:00 – 13:00

LUNCH & VISIT EXHIBITORS

Afternoon Session

WORKSHOP SESSIONS

(Please note: All workshops below will be repeated and you will have the opportunity to attend all three sessions.)

1

Local, Regional, and Systemic Treatment with Neuroanatomic/Myofascial Acupuncture
Narda Robinson, United States

2

Practicing Neuro-mapping: Charting and documenting movement performance with the use of simple techniques
Mike Prebeg, Canada

3

Patellar and Achilles tendinopathies management with EPI Technique
Victor Segarra Nuñez, Spain

13:00 – 14:15

Breakout Session A

14:15 – 14:30

AFTERNOON BREAK & VISIT EXHIBITORS

14:30 – 15:45

Breakout Session B

15:45 – 17:00

Breakout Session C

17:15

ADJOURN

** Activity subject to change.

Sunday, May 28, 2017

07:00 – 07:45 **REGISTRATION & CONTINENTAL BREAKFAST**

07:50 – 07:58 Introduction to Master Session III
Angelica Fargas-Babjak, Canada

Master Session III

Acupuncture Techniques in the Support and Protection of Athletic Performance

08:00 – 09:30 Improving Clinical Outcomes in the Tactical Environment by Integrating Neurofunctional Acupuncture Techniques
Scott Cota, US Navy

09:30 – 10:15 Acupuncture techniques in the Performance Support of NHL Players: A successful model
Mike Prebeg, Canada

10:15 – 10:30 **MORNING BREAK & VISIT EXHIBITORS**

10:30 – 11:15 The Art and Science of Rehabilitating Elite Athletes
Matt Nichol, Canada

11:15 – 12:00 The use of acupuncture from a professional athlete's perspective in optimizing performance and maintaining health
Steve Staios, Canada

12:00 – 13:00 Panel Open Discussion:
Scott Cota, Mike Prebeg, Matt Nichol and Steve Staios
Moderator: David Salanki, Canada

13:00 Closing Remarks
David Salanki, Canada

13:15 **ADJOURN**

** Activity subject to change.

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

CONFIRMATION OF REGISTRATION

A written acknowledgment of your registration will be sent via email to registrants prior to the activity. Receipts will be provided in your registrant package upon arrival at the activity. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **MAY 12, 2017** will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

ACCREDITATION STATEMENTS

McMaster University Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of **The Royal College of Physicians and Surgeons of Canada** and approved by McMaster University, Continuing Health Sciences Education Program for up to **17.75** MOC Section 1 hours.

Through an agreement between **The Royal College of Physicians and Surgeons of Canada** and **The American Medical Association**, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at:

www.ama-assn.org/go/internationalcme.

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

LIABILITY

Continuing Health Sciences Education Program (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this activity.
- That may result from the use of technologies, program, products and/or services at this activity.
- That may arise out of, or during this activity.

ACTIVITY PACKAGES

As the registrant your activity package includes breakfast, nutritional breaks, and lunch. Your lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the activity, their meals are at their own cost and will be billed directly.

ACCOMMODATIONS

For reservations please call the Sheraton Hamilton Hotel:

(905) 529-5515 or 1-800-514-7101

Please quote the "McMaster Contemporary Acupuncture Advances" group rate.

DIRECTIONS

1 Summers Lane, Hamilton, ON L8P 4Y2

T: 905-525-2020

E: info@hcccevents.ca

From Hamilton International Airport

- Turn right onto Highway 6 to Highway 403 East.
- Take Main Street East Exit.
- Turn left on Summers Lane.
- The Hamilton Convention Centre is immediately on the right hand side.

From Niagara Falls/Buffalo

- Take Queen Elizabeth Way Westbound to Highway 403, Hamilton.
- Take the Main Street East Exit.
- Turn left on Summers Lane.
- The Hamilton Convention Centre is immediately on the right hand side.

From Toronto Pearson International Airport

- Take 427 South to 401
- Follow 401 W to QEW Niagara/Hamilton
- Take Highway 403 W, Brantford/Hamilton
- Take the Main Street East Exit.
- Turn left on Summers Lane.
- The Hamilton Convention Centre is immediately on the right hand side.



Registration Form

Contemporary Acupuncture Advances

Implementing Contemporary Acupuncture Techniques to Improve Clinical Outcomes
 Friday, May 26th - Sunday, May 28th, 2017
 Hamilton Convention Centre by Carmen's, 1 Summers Lane, Hamilton, ON, Canada

REGISTRATION FEE >

<input type="checkbox"/> CCAA Members	\$545
<input type="checkbox"/> McMaster Faculty	\$545
<input type="checkbox"/> All Other Health Professionals	\$595
<input type="checkbox"/> Student/Resident	\$350

<input type="checkbox"/> Optional Anatomy Session (Registration for the full course is mandatory in order to register for the anatomy session and is available to the first 30 registrants)	\$145
---	-------

I CONSENT to having my name, address and email added to the CHSE mailing database for upcoming CME activities: Yes No

***All fields are required in order to process your registration**

Dr. Mr. Mrs. Miss. Ms.

Surname Given

Profession: FP GP PT Chiro RMT Osteo ND Nap AT Pod RN Midwives OT LA DOM

Royal College ID # (If you wish to have CHSE submit your credits on your behalf)

Address Medical Dept. / Room #

City Province Postal Code

Area Code Phone - **FOR OFFICE USE ONLY** Activity Code: CCAA2017 Area Code Fax Cell -

Email

Payment By: Cash Visa MC AMEX Cheque Pls make cheque payable to "McMaster University" **Cheque must be received one week prior to the date of the program.** Amount \$. 0 0

Card Number

Month Year Signature CVD (*found on the back of card)

SPECIAL DIETARY REQUIREMENTS: For those with special dietary needs some accommodation may be available:

Vegetarian: Allergies: Other:

(PLEASE note: special meal requests may require an additional fee. Contact our office for details.)

MEAL PACKAGES FOR GUESTS MAY be purchased. Contact the CHSE coordinator for more information.

PLEASE IDENTIFY ANY ACCESSIBILITY NEEDS:

CHILDREN ARE NOT PERMITTED in the live activity setting as it distracts from the learners.

If you require **PERSONAL SUPPORT** at this activity, the health aid provider must register in advance at the general public rate.



There are 5 ways to register...

1. ONLINE @ www.fhs.mcmaster.ca/conted/register.html



BY PHONE
 Call 905 525-9140 ext 22671 (Visa, MC or AMEX are accepted)



BY FAX
 Fax the completed registration form with a Visa, MC or AMEX number to: 905-572-7099



IN PERSON
 Bring your completed registration form with Visa, MC, AMEX, cheque or cash payment to: McMaster University, Continuing Health Sciences Education Program
 100 Main Street West, 5th Floor, Room 5004, Hamilton, ON L8P 1H6
 Mon. to Fri. between the hours of 09:30 – 16:00



BY MAIL
 Mail your completed registration form to:
 McMaster University, Continuing Health Sciences Education Program
 1280 Main Street West, DBHSC, Room 5004, Hamilton, ON L8S 4K1

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT

The information on this form is collected under the authority of the McMaster University Act, 1976. The information will be used for administrative purposes, including: your registration in the course; preparation of course materials for your use and to notify you of other courses or pertinent information. Financial information will be used to process applicable fees and will be retained for future reference. This information is protected and is being collected pursuant to section 39(2) and section 42 of the Freedom of Information and Protection of Privacy Act of Ontario (RSO 1990). Questions regarding the collection or use of this personal information should be directed to the University Secretary, Gilmour Hall, Room 210 McMaster University.