

CONTEMPORARY ACUPUNCTURE INTEGRATION IN TODAY'S HEALTH CARE

OBJECTIVES

To apply the most effective strategies to integrate contemporary acupuncture in clinical practice, based on up-to-date research and personal clinical experience from a group of world leaders in neurofunctional acupuncture.

FEATURING
A VARIETY OF
INTERNATIONAL
SPEAKERS:

Thomas Lundeberg, MD, PhD
Department of Physiology II, Karolinska Institute
Stockholm, Sweden

Mike Cummings, MD
Medical Director
British Medical Acupuncture Society
Honorary Clinical Specialist
University College London Hospitals, London, UK

Jay P. Shah, MD, FAAPMR
Senior Staff Physiatrist and Clinical Investigator
Bethesda, Maryland, USA

Barbara Shay, PhD, MPT, BMR.P.T.
Associate Professor, Department of Physical Therapy
Faculty of Medicine, University of Manitoba, Manitoba

... and many more International Leaders
in Acupuncture from a cross section of
professions.

FOR MORE INFORMATION OR TO REGISTER ONLINE VISIT:
www.fhs.mcmaster.ca/conted

TARGET AUDIENCE

Physicians, Physiotherapists, Chiropractors,
Registered Massage Therapists, Osteopaths,
Naturopathic Doctors, Licensed Acupuncturists
and Doctors of Oriental Medicine, Dentists,
Naprpaths, Athletic Therapists, Podiatrists,
Nurses, Midwives, and Occupational Therapists.

For more information
please contact

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brochure



ANGELA SILLA, Event Coordinator

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CONTEMPORARY ACUPUNCTURE INTEGRATION IN TODAY'S HEALTH CARE

PLANNING COMMITTEE

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Senior Lecturer and Clinical Instructor
McMaster Contemporary Medical Acupuncture Program
Department of Family Medicine
McMaster University, Hamilton, ON

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Specialist (Spain)

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McMaster Contemporary Medical Acupuncture Program
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Program Chair and Senior Lecturer
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In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the event should you provide CHSE with your email address. Receipts will be provided in your registrant package.

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The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **APRIL 19, 2012** will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

Thursday, May 3, 2012 (Afternoon-Evening Session)

- 13:00 – 13:45 **REGISTRATION**
- 13:45 – 14:10 Welcome and Orientation (overview of the symposium, transitional activities, time management, breaks, meals, checking coats, etc.)
Alejandro Elorriaga Claraco (Spain/Canada)
- 14:10 – 14:20 Official Opening and Introduction to Master Session #1
Angelica Fargas-Babjak (Canada)

MASTER SESSION #1

Neurofunctional, Anatomical, and Clinical Bases of Contemporary Acupuncture: Defining International Standards

- 14:20 – 15:00 Mechanism of Acupuncture from a Physiological Perspective
Thomas Lundeberg (Sweden)
- 15:00 – 15:40 Anatomical Bases for the Safe and Accurate Insertion of Acupuncture Needles for Stimulation of the Peripheral Nervous System: What Do Practitioners Really Need to Know?
Mike Cummings (England)
- 15:40 – 16:00 **AFTERNOON BREAK & VISIT EXHIBITORS**
- 16:00 – 16:40 Clinical and Pedagogical Framework for the Teaching of the Integration of Contemporary Acupuncture Interventions: A Neurobiological Problem Based Model
Claudio Couto (Brazil)
- 16:40 – 17:20 International Curriculum in Contemporary Acupuncture Education for Health Professionals: the ICAA (International CA Association) Proposal
Alejandro Elorriaga Claraco (Spain/Canada)
- 17:20 – 17:45 Panel Discussion (with all speakers)
Angelica Fargas-Babjak (Canada)
- 18:00 – 18:45 **WINE & CHEESE**

** Program subject to change.

Friday, May 4, 2012

Morning Session

07:00 – 07:50 **REGISTRATION & CONTINENTAL BREAKFAST**

07:50 – 08:00 [Introduction to Master Session #2](#)
David Salanki (Canada)

MASTER SESSION #2

Contemporary Acupuncture in Musculoskeletal Pain, Movement Disorders, and Sports Injuries

08:00 – 08:40 Pharmacological and Acupuncture Interactions: Effects on the Treatment of Musculoskeletal Pain
Barbara Shay (Canada)

08:40 – 09:20 Is it all about Sex? Gender Perspectives on the Effects of Acupuncture
Thomas Lundeberg (Sweden)

09:20 – 10:00 Does Acupuncture Relieve Pain in General and Musculoskeletal Pain in Particular? The Perspective of the Systematic Reviewer
Mike Cummings (England)

10:00 – 10:30 **MORNING BREAK & VISIT EXHIBITORS**

10:30 – 11:10 Functional Outcomes in the Treatment of Pain Problems with Neurofunctional Acupuncture
Claudio Couto, Brazil

11:10 – 11:50 Neurofunctional Acupuncture on the Treatment of Sports Injuries and the Protection of Athletic Performance: An Integrated Neuromechanical Model
Alejandro Elorriaga Claraco (Spain/Canada)

11:50 – 12:15 Panel Discussion
David Salanki (Canada)

12:15 – 13:35 **LUNCH & VISIT EXHIBITORS**

Friday, May 4, 2012

Afternoon Session

13:35 – 13:45 **Introduction to Blueprint Session #1**
Alejandro Elorriaga Claraco (Spain/Canada)

BLUEPRINT SESSION #1

Contemporary Acupuncture Blueprint Treatments in the Integrated Manual Treatment of Sports Related Injuries and Common Movement Disorders

13:45 – 14:15 Neurofunctional Acupuncture Blueprint on the Integrated Treatment of Hip Injuries in Athletes: From Amateurs to Professionals (NHL, MLB, etc.)
Mike Prebeg (Canada)

14:15 – 14:45 Acupuncture Blueprint on the Integrated Treatment of Hamstring Injuries in Professional Soccer Players (German Soccer Bundesliga)
Florian Pfab (Germany)

14:45 – 15:15 Neurofunctional Acupuncture Blueprint on the Integrated Physiotherapy Treatment of Elite Fencers (Olympic Medal Level): A Multiyear Experience
Lorenzo Gonzalez (USA)

15:15 – 15:30 Panel Discussion
Alejandro Elorriaga Claraco (Spain/Canada)

AFTERNOON BREAK & VISIT EXHIBITORS

16:00 – 16:30 Neurofunctional Acupuncture Blueprint on the Integrated Manual Treatment of Upper Extremity Problems on Elite Baseball Players (MLB) and Racquet Sports Athletes (ATP Tennis, Professional Squash Circuit)
Gil Chimes (USA)

16:30 – 17:00 Neurofunctional Acupuncture Blueprint on the Integrated Treatment of Lower Extremity Injuries on Elite Track & Field Athletes (World Championships and Olympic Levels) and Elite Fighters (Boxing, MMA)
Jim Mylonas (Canada)

17:00 – 17:30 Neurofunctional Acupuncture Blueprint on the Integrated Multidimensional Treatment of Back Pain Related Problems on Community Athletes and Non-Athletes
David Salanki (Canada)

17:30 – 17:45 Panel Discussion
Alejandro Elorriaga Claraco (Spain/Canada)

Saturday, May 5, 2012

Morning Session

07:00 – 07:50 **REGISTRATION & CONTINENTAL BREAKFAST**

07:50 – 08:00 **Introduction to Master Session #3**
Brenda Donaldson (USA)

MASTER SESSION #3

Professional Integration of Contemporary Acupuncture in Clinical Practice

08:00 – 08:40 Contemporary Acupuncture Integration in the Physical Medicine and Rehabilitation Integrated Treatment of Neurological Conditions: Strategies for the Modulation of Autonomic Nervous System Activity
Joseph Wong (Canada)

08:40 – 09:20 Contemporary Acupuncture Integration in Anesthesia and Chronic Pain Management
Angelica Fargas-Babjak (Canada)

09:20 – 10:00 Integration of Acupuncture in a Functional Medicine Practice
Frank Lipman (USA)

MORNING BREAK & VISIT EXHIBITORS

10:30 – 11:10 Contemporary Acupuncture Integration in Primary Care, in a Public Health Care Environment: A Canadian Experience
Ravinder Ohson (Canada)

11:10 – 11:50 Integrating Acupuncture and Mind-Body Medicine in the Management of Stress Related Disorder
Pradeep Kumar (Canada)

11:50 – 12:15 Panel Discussion
Brenda Donaldson (USA)

12:15 – 13:35 **LUNCH & VISIT EXHIBITORS**

Saturday, May 5, 2012

Afternoon Session

13:35 – 13:45 **Introduction to Blueprint Session #2**
Claudio Couto (Brazil)

BLUEPRINT SESSION #2

Contemporary Acupuncture Blueprint Treatments in Internal Medical Problems

13:45 – 14:15 Neurofunctional Acupuncture Blueprints for the Treatment of Complex Visceral Disorder: A Twelve Year Physician Experience in Primary Care
Ravinder Ohson (Canada)

14:15 – 14:45 Contemporary Acupuncture Blueprint on the Integrated Treatment of Medically Underserved Communities in Remote Villages, in a Medical Mission Environment
Dan Wunderlich (USA)

14:45 – 15:15 Neurofunctional Acupuncture Blueprint on the Integrated Treatment of Cancer Patients
Brenda Donaldson (USA)

15:15 – 15:30 Panel Discussion
Claudio Couto (Brazil)

AFTERNOON BREAK & VISIT EXHIBITORS

16:00 – 16:30 Neurofunctional Acupuncture Blueprint on the Integrated Treatment of Pelvic Pain
Meena Nandagopal (Canada)

16:30 – 17:00 Neurofunctional Acupuncture Blueprint on the Integrated Treatment of Bone Pathology Research Results
Juan Antonio Vecino (Spain)

17:00 – 17:15 Panel Discussion
Claudio Couto (Brazil)

Sunday, May 6, 2012 (Morning Session)

07:00 – 07:50 **REGISTRATION & CONTINENTAL BREAKFAST**

07:50 – 08:00 **Introduction to Master Session #4**
Panel Chair: Angelica Fargas-Babjak (Canada)

MASTER SESSION #4

**Critical Evaluation of Clinical and Basic Research in Contemporary Acupuncture:
the Experts View**

08:00 – 08:40 **Placebo Comparisons in Acupuncture Clinical Studies: Is this the Best Model?**
Thomas Lundeberg (Sweden)

08:40 – 09:20 **Testing Protocols or Practitioners? The Difficulties of Controlled Research
on Operator Dependent Procedures such as Acupuncture**
Barbara Shay (Canada)

09:20 – 10:00 **Practical Practice Models versus Impractical Research Practices: Is it Still
Practical to Practice EBM Regarding Acupuncture?**
Claudio Couto (Brazil)

MORNING BREAK & VISIT EXHIBITORS

10:30 – 11:10 **Microanalytical and Ultrasound Imaging Techniques Reveal Objective
Abnormalities of Active Myofascial Trigger Points at Classical Insertion Region
GB-21 (Part I)**
Jay Shah (USA)

11:10 – 11:50 **Microanalytical and Ultrasound Imaging Techniques Reveal Objective
Abnormalities of Active Myofascial Trigger Points at Classical Insertion Region
GB-21 (Part II)**
Jay Shah (USA)

11:50 – 12:05 **Panel Discussion Introduction (Comments to Master Session #4)**
Alejandro Elorriaga Claraco (Spain/Canada)

12:05 – 12:25 **Panel Discussion**
Alejandro Elorriaga Claraco (Spain/Canada)

12:25 – 12:30 **Official Symposium Closing Remarks**
Alejandro Elorriaga Claraco (Spain/Canada)
Angelica Fargas-Babjak (Canada)

** Program subject to change.

MCMASTER FACULTY / GUEST FACULTY

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Clinical Instructor, McMaster Contemporary Medical Acupuncture Program
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Cláudio Couto, MD, MSc

Percutaneous Peripheral Neuromodulation in Rehabilitation Coordinator of the Pain Clinic of the City of Porto Alegre RS, Brazil
Director of the Research Group in Neurofunctional Acupuncture of Porto Alegre (GEANF)
Member of the Research Group in Pain and Neuromodulation, HCPA/UFRGS

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Consulting Physician Bayer Munich Soccer and Basketball teams
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Director of Acupuncture Master of Zaragoza University
Chair of Pain Management Clinical Service
Red Cross Hospital, Acupuncture Private Clinic
Zaragoza, Spain

Joseph Wong, MD, Specialist in Physical Medicine and Rehabilitation

Medical Director, The Toronto Pain & Stress Clinic Inc.
Former Chief Lecturer and Examiner, Acupuncture Foundation of Canada Institute (25 years)
Former Head Rehabilitation Medicine Department, St. Joseph Hospital, Toronto
Former Head Rehabilitation Medicine Department, Laurentian Hospital, Sudbury

Daniel V. Wunderlich, DIPL OM, LAc

Clinical Instructor and Lecturer, McMaster Contemporary Medical Acupuncture Program, McMaster University, Hamilton, ON
Clinical Director of Integrative Acupuncture & Bodywork, New York, USA

STUDY CREDITS

As an organization accredited to sponsor Continuing Medical Education for Physicians, by both the Committee on Accreditation of Canadian Medical Schools and the Accreditation Council for Continuing Medical Education of the United States, Continuing Health Sciences Education, McMaster University designates this educational program as meeting the criteria for:

The College of Family Physicians of Canada Mainpro-M1

This educational program meets the accreditation criteria of The College of Family Physicians of Canada, and has been accredited for **23.5 Mainpro-M1 credits**.

The Royal College of Physicians and Surgeons of Canada

This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **23.5 credits per participant**.

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This educational activity is approved for a maximum of **23.5 hours in Category 1 credit** towards the AMA Physician's Recognition Award.

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DIRECTIONS

Sheraton Centre Toronto 123 Queen St. West, Toronto, ON

From the West

(London, Sarnia, Toronto International Airport)

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From the North (North Bay, Barrie)

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Contemporary Acupuncture Integration in Today's Health Care

Registration Form

ACCOMMODATIONS

For online reservations please go to www.starwoodmeeting.com/Book/MME03A or call directly 1-800-325-3535 and quote the "Contemporary Acupuncture in Today's Health Care" group rate. Sheraton Centre Toronto, 123 Queen Street West, Toronto, ON, M5H 2M9 Canada

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I CONSENT to having my name, address and email added to the CHSE mailing database for upcoming CME opportunities: Yes No

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If you require PERSONAL SUPPORT at this conference, the health aid provider must register in advance at the general public rate.

For information on the Canadian Contemporary Acupuncture Association or to become a member please visit: www.contemporaryacupuncture.ca



There are 5 ways to register...

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Thursday, May 3 - Sunday, May 6, 2012

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