

7th Annual Update in
GERIATRICS

**Drugs and the Elderly:
Balancing Risks and Benefits**

Wednesday, November 29th, 2017

Liuna Station, 360 James Street North, Hamilton, ON

**FEATURED
SPEAKERS**

TARGET AUDIENCE

Family Physicians, General Internal Medicine Physicians, Physician Assistants, Nurses, Nurse Practitioners, Occupational Therapists, Physiotherapists, Social Workers, Pharmacists, Other Health Care Professionals, Students, and Residents.

LEARNING OBJECTIVES

By attending this activity, participants will be able to:

- Apply evidence-based and practical approaches to prescribing and assessing Drugs and the Elderly.
- Apply principles for Deprescribing Benzo's, and manage Addictions, Narcotics and Cannabis in the Elderly.
- Address the pharmacological management of Diabetes, use of Vaccines, and other important topics relating to medications in older adults.



Dr. Cara Tannenbaum

Cara Tannenbaum, Professor of Medicine and Pharmacy, is the Director of the Canadian Deprescribing Network. She holds the Michel Saucier Endowed Chair in Geriatric Pharmacology, Health and Aging in the Faculty of Pharmacy at the Université de Montréal since 2008. She completed her internal medicine, geriatric specialty training and research thesis in Epidemiology and Biostatistics at McGill University. Dr. Tannenbaum conducted the EMPOWER trial, and is currently leading the DEPRESCRIBE trial, another Canadian trial to reduce inappropriate prescriptions in seniors. In 2013 she received the Canadian Institutes of Health Prize for Knowledge Translation in Aging. She continues to work as a geriatrician and older women's health specialist at the Institut universitaire de geriatric de Montreal in Quebec.



Dr. Karin Neufeld

Dr. Karin Neufeld is a graduate of the University of Manitoba, School of Medicine in Canada. After completing a residency and fellowship in the Department of Psychiatry & Behavioral Sciences at the Johns Hopkins University School of Medicine and a Masters of Public Health degree at the Johns Hopkins Bloomberg School of Public Health, she joined the medical school faculty where she is currently an Associate Professor. Dr. Neufeld has held a number of clinical and leadership positions in the department and is currently the Clinical Director of the Department of Psychiatry at the Johns Hopkins Bayview Medical Center and the Director of the General Hospital Inpatient Psychiatry Consultation Service. Her primary area of academic and clinical interest is in improving delirium prevention and treatment strategies within the acute inpatient setting, with particular focus on the critically ill and older aged postoperative populations. She is the Chair of the Johns Hopkins Delirium Consortium, and Past President and ongoing Board Member of the American Delirium Society. Dr. Neufeld is a member of the Society for Critical Care Medicine and is serving as a delirium expert on the SCCM's guideline review group for the 2018 edition of the Pain, Agitation, and Delirium (PAD) Guidelines.

www.fhs.mcmaster.ca/conted/geriatrics.html

FOR ACTIVITY INFORMATION

NATALIE PARK, CHSE Coordinator
McMaster University
Continuing Health Sciences Education
P: 905-525-9140 x 20763
E: parkna@mcmaster.ca

FOR REGISTRATION INFORMATION

E: cmereg@mcmaster.ca
P: 905-525-9140 x 22671
F: 905-572-7099

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07:30 – 08:30	Registration/Breakfast/Visit Exhibitors & Poster Boards	11:50-12:50	Lunch/Visit Exhibitors & Poster Boards
08:30-08:35	Welcome Mark Crowther, MD, MSc, FRCPC Chair, Department of Medicine McMaster University	12:50-13:40	Keynote: Treating Delirium with Antipsychotic Drugs Karin J. Neufeld, MD, MPH Associate Professor Department of Psychiatry and Behavioral Sciences Johns Hopkins University School of Medicine
08:35-08:50	Lifelong Achievement Award Presentation to: Dr. Ronald Schlegel Presented By: John Kelton, MD, FRCPC Professor Pathology and Molecular Medicine McMaster University	13:40-13:55	Question & Answer
08:50-09:40	Keynote: Deprescribing Benzos Cara Tannenbaum, MD, MSc Scientific Director Directrice Scientifique Institute of Gender and Health Institut de la santé des femmes et des hommes Canadian Institutes of Health Research (CIHR) Instituts de recherche en santé du Canada (IRSC)	13:55-14:15	Vaccines and the Elderly Mark Loeb, BSc, MD, MSc, FRCPC Professor Department of Pathology & Molecular Medicine Director, Division of Infectious Diseases McMaster University
09:40-10:00	Question & Answer	14:15-14:35	Long Term Care and Management of Osteoporosis Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP Professor, Division of Geriatric Medicine Department of Medicine, McMaster University
10:00-10:15	Morning Break/Visit Exhibitors & Poster Boards	14:35-14:50	Panel Discussion
10:15-10:40	Addictions and Narcotics in Older Adults Jonathan Bertram, MD, CCFP Lecturer, Department of Family & Community Medicine, University of Toronto Staff Physician, Addictions Medicine Service, CAMH Older Adults Consultant Physician- COPA (Community Outreach Programs in Addiction)	14:50-15:05	Afternoon Break/Visit Exhibitors & Poster Boards
10:40-11:00	Learning Objectives <ul style="list-style-type: none"> • Outline a protocol for safe opioid prescribing for elderly patients with chronic pain • Describe the indications and approach to tapering opioids • Discuss the use of buprenorphine to treat opioid use disorder in the elderly 	15:05-15:25	Hypertension and the Elderly Joanne Ho, BSc, MD, FRCPC, MSc Assistant Professor, Division of Geriatric Medicine Schlegel Research Institute for Aging McMaster University
11:00-11:30	Cannabinoid Use in the Elderly Patient * Amanjot (Mona) Sidhu, MD, FRCPC Division of Geriatric Medicine, McMaster University	15:25-15:45	Top Research Articles of 2017: Short Snappers Justin Lee, BScPhm, ACPR, MD, FRCPC Clinical Scholar, Division of Geriatric Medicine McMaster University
11:30-11:50	Diabetes Care in 2017 - Considerations for the Elderly Hertzel C. Gerstein, MD, MSc, FRCPC Professor, Department of Medicine Director Division of Endocrinology & Metabolism McMaster University	15:45-16:00	Panel Discussion
	Panel Discussion	16:00-16:05	Closing & Evaluations

* Does not qualify for Mainpro+ credit

Accreditation Statements

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This Group Learning program meets the certification criteria of **The College of Family Physicians of Canada** and has been certified by the McMaster University Continuing Health Sciences Program for up to **5.25 Mainpro+ credits**

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of **The Royal College of Physicians and Surgeons of Canada** and approved by McMaster University, Continuing Health Sciences Education Program for up to **5.75 MOC Section 1 hours**.

"Through an agreement between **The Royal College of Physicians and Surgeons of Canada** and **The American Medical Association**, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme."

*Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

Planning Committee

Co-Chair

Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP
Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University
Chairholder, Eli Lilly Canada Chair in Osteoporosis
Scientific Director GERAS Centre

Co-Chair

Sharon Marr, BSc, MD, FRCPC, MEd
Associate Professor, Division of Geriatric Medicine
St. Peter's / McMaster University Chair in Aging & RGPC Chair

Co-Chair

Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)
Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University

Cheryl Allaby, MD, CCFP

Assistant Professor, Department of Family Medicine
Associate, Division of Geriatric Medicine
Department of Medicine, McMaster University

David Cowan, MD, FRCPC

Associate Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University

Pauline Fisher

Clinical Nurse Specialist
Hamilton Health Sciences

Joanne Ho, MD, FRCPC, MSc

Assistant Professor Division of Geriatric Medicine
Department of Medicine, McMaster University

Justin Lee, BScPhm, ACPR, MD, FRCPC

Clinical Scholar, Division of Geriatric Medicine
McMaster University

Maxine Lewis, MD, MBBCH, MMEDSC, MRCPsych (U.K)

Associate Professor, Psychiatry & Behavioural Neurosciences
Clinical Head, Geriatric Psychiatry St. Joseph's Healthcare

Kim Lu, BScPhm, RPh

M2 & M3 Clinical Pharmacist
Seniors, Emergency & Community Medicine
Complex Care & Orthopedics J
Juravinski Hospital

Jane McKinnon Wilson, MSc. H.B.

Director
Regional Geriatric Program Central

Kristy McKibbin, M.A./Anisha Patel, M.A.

Education Coordinator
Regional Geriatric Program Central

Lynn Pacheco

Geriatric Program Coordinator
Division of Geriatric Medicine
Operations Site Coordinator, St. Peter's Hospital
Department of Medicine, McMaster University

Angela Silla

Acting CHSE Program Manager
Continuing Health Sciences Education Program
Faculty of Health Sciences, McMaster University

Natalie Park

CHSE Coordinator
Continuing Health Sciences Education Program
Faculty of Health Sciences, McMaster University

General Information

CONFIRMATION OF REGISTRATION

A written acknowledgment of your registration will be sent prior to the event should you provide CHSE with your email address. Receipts will be provided in your registrant package upon arrival at the activity. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

CANCELLATION POLICY

McMaster University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **Wednesday, November 15, 2017** will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this activity.
- That may result from the use of technologies, program, products &/or services at this activity.
- That may arise out of, or during this activity.

ACTIVITY PACKAGES

As the registrant your activity package includes breakfast, nutritional breaks, and lunch. Your activity lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the conference, their meals are at their own cost and will be billed directly.

PHOTOGRAPHY

Candid photos will be taken at the event. Your registration implies your permission for these photos to be used for promotional material. Individuals in photographs will not be identified.

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education Program requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

Directions

LIUNA STATION - www.liunastation.com

360 James Street North, Hamilton, ON

From Toronto

QEW to Highway 403 West Hamilton. Exit on York Blvd. Follow York Blvd. to John Street. Turn LEFT on John Street and Continue North to Murray. Turn LEFT on Murray. LIUNA Station is on the RIGHT.

From Guelph

Highway 6 South to Highway 403 West Hamilton. Exit on Main St. East. Follow Main St. East to John Street. Turn LEFT on John Street and continue North to Murray. Turn LEFT on Murray. LIUNA Station is on the RIGHT.

From Niagara / Buffalo

QEW Toronto to Burlington Street. Follow Burlington Street (using through traffic overpasses) to James Street. Turn LEFT on James Street North & follow to Murray. LIUNA Station is on the LEFT.

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REGISTRATION FORM

7th Annual Update in Geriatrics

Wednesday, November 29, 2017

Liuna Station, 360 James Street North, Hamilton, ON

REGISTRATION FEES

*please check one	BEFORE November 1	AFTER November 1
<input type="checkbox"/> Physicians & Other Health Professionals	\$175	\$200
<input type="checkbox"/> Residents / Students	\$75	\$100

For those with special dietary needs some accommodation may be available:

Vegetarian: _____ **Allergies:** _____

Other: _____

(Pls note: special meal request may require an additional fee. Contact our office for details)

PLEASE IDENTIFY ANY ACCESSIBILITY NEEDS: _____

MEAL PACKAGES FOR GUESTS may be purchased. Contact the CHSE Coordinator for more information.

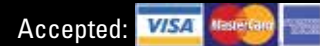
CHILDREN ARE NOT PERMITTED in the live activity setting as it distracts from the learners.

If you require **PERSONAL SUPPORT** at this activity, the health aid provider must register in advance at the general public rate.



WAYS TO REGISTER

ONLINE @ www.fhs.mcmaster.ca/conted/register.html



BY PHONE

Call **905 525-9140 ext 22671** (Visa, MasterCard or AMEX are accepted)

IN PERSON

Bring your completed registration form with Visa, MasterCard, AMEX, cheque or cash payment to: *McMaster University, Continuing Health Sciences Education*
100 Main Street West, 5th Floor, Room 5004, Hamilton, ON L8P 1H6
Mon. to Fri. between the hours of 09:30 – 16:00

BY FAX

Fax the completed registration form with a Visa, MasterCard or AMEX number to **905-572-7099**

BY MAIL

Mail your completed registration form to:
McMaster University, Continuing Health Sciences Education
1280 Main Street West, DBHSC, Room 5004, Hamilton, ON L8S 4K1

I CONSENT to having my name, address and email added to the CHSE mailing database for upcoming CME activities Yes No

Dr. Mr. Mrs. Miss. Ms.

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Profession: FP Geriatrician INT Specialist PA RPN RN NP APN OT PT SW PHARM RES Student Other
Please Specify _____

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