

A CME Invitation from  
The Division of Endocrinology & Metabolism

2011

# EVIDENCE-BASED MANAGEMENT OF THE DIABETES EPIDEMIC

Wednesday November 16<sup>th</sup>, 2011

12:00 to 5:00 pm

LIUNA STATION 360 James Street North, Hamilton, ON



## For More Information

**Angela Silla**, Event Coordinator  
Continuing Health Sciences Education  
Phone: 905-525-9140 ext. 26327 Fax: 905-572-7099  
Email: [silla@mcmaster.ca](mailto:silla@mcmaster.ca)

[www.fhs.mcmaster.ca/conted](http://www.fhs.mcmaster.ca/conted)

McMaster  
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HEALTH SCIENCES

The crest of McMaster University, featuring a shield with a red eagle, a yellow book, and a red cross.

# AGENDA

12:00 - 01:00

**Registration, Lunch & Visit Exhibitors**

01:15 - 01:20

**Opening Remarks (Grand Ballroom)**

**Hertzel C. Gerstein**, MD, MSc, FRCPC, Professor, Department of Medicine, Director, Division of Endocrinology & Metabolism, McMaster University

01:20 - 01:55

**Keynote Speaker: David M. Kendall**, MD, Associate Professor of Medicine, Division of Diabetes, Endocrinology and Metabolism, University of Minnesota Medical School, Adjunct Medical Director - International Diabetes Center, Minneapolis, MN

**Improving Clinical Outcomes and Preserving Health in People with Type 1 Diabetes: An Historical Perspective**

01:55 - 02:05

**Questions and Answers**

02:05 - 02:25

**Can We Cure Type 2 Diabetes with Medical Therapy?**

**Natalia Yakubovich**, MSc, MD, FRCPC, Assistant Professor, Department of Medicine, Division of Endocrinology and Metabolism, McMaster University

02:25 - 02:30

**Questions and Answers**

02:30 - 03:00

**Case 1: Patient, Heal Thyself? How Realistic is this Message?**

**Moderators: Bo Fusek**, Clinical Nurse Specialist, Diabetes Regional Coordination Centre, Hamilton, Niagara, Haldimand Brant LHIN, Hamilton Health Sciences, **Gaya Amirthavasari**, Health Information Analyst, Hamilton, Niagara, Haldimand Brant LHIN Diabetes Regional Coordination Centre

03:00 - 03:25

**Can We Cure Type 2 Diabetes with Surgical Therapy?**

**Philip Schauer**, Chief of Minimally Invasive General Surgery and Director of the Cleveland Clinic Bariatric and Metabolic Institute, Professor of Surgery, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University

03:25 - 03:30

**Questions and Answers**

03:30 - 03:50

**Afternoon Break & Visit Exhibitors**

03:50 - 04:20

**Case 2: Managing Lipids in Type 2 Diabetes: When & How?**

**Moderator: Andrew Don-Wauchope**, MB.BCh., MD, FRCP Edin, FCPATH, FRCPath, FRCPC, Associate Professor, Department of Pathology and Molecular Medicine, Division of Clinical Pathology, Associate Member Department of Pediatrics, McMaster University

04:20 - 04:50

**Debate: Metformin's Not Enough – What Next?**

**Basal Insulin – Hertzel C. Gerstein**, MD, MSc, FRCPC, Professor, Department of Medicine, Director, Division of Endocrinology & Metabolism, McMaster University

**Something Else – William Harper**, MD, FRCPC, Associate Professor of Medicine, Division of Endocrinology, McMaster University, CTU Director, Hamilton General Hospital, Endocrinologist Lead, Diabetes Regional Coordination Centre, Hamilton, Niagara, Haldimand Brant LHIN

04:50 - 05:00

**Questions and Answers**

05:00

**Concluding Remarks – Hertzel C. Gerstein**

\*program subject to change

## DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University; Continuing Health Sciences Education requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

## OBJECTIVES

1. Review ways of reducing serious outcomes in people with type 1 diabetes
2. Discuss novel approaches to managing type 2 diabetes or promoting regression
3. Review whether bariatric surgery can cure type 2 diabetes
4. Explore different ways of interacting with patients
5. Review 2nd line drugs for type 2 diabetes

## PLANNING COMMITTEE

**Hertzel C. Gerstein, MD, MSc, FRCPC**

Professor, Department of Medicine  
Director, Division of Endocrinology & Metabolism  
McMaster University

**Irene M. Hramiak, MD, FRCPC, FACPM**

Chair, Division of Endocrinology & Metabolism  
University of Western Ontario

**Stewart Harris, MD, MPH, FCFP**

CDA Chair in Diabetes Management  
Department of Family Practice  
University of Western Ontario

**Zubin Punthakee, MD, MSc, FRCPC**

Associate Professor, Department of Medicine and  
Department of Pediatrics  
Division of Endocrinology and Metabolism  
McMaster University

**Sheilah Laffan**

Administrator CHSE  
McMaster University

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**An unrestricted educational grant has been provided by  
the following companies:**

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# DIRECTIONS

## From Toronto

QEW Niagara to 403 Hamilton  
Exit on York Blvd.  
Follow York Blvd. to John Street  
Turn LEFT on John Street and  
Continue North to Murray  
Turn LEFT on Murray  
LIUNA Station is on the RIGHT

## From the Escarpment

Take Upper Wentworth exit  
from the 'Linc'  
Go NORTH on Upper Wentworth  
to Fennell  
Turn LEFT onto Fennell  
Turn RIGHT onto Upper Wellington  
& follow this Down the escarpment  
(changes into John Street)  
Follow John Street to Murray  
Turn LEFT on Murray  
LIUNA Station is on the RIGHT

## From Niagara Falls

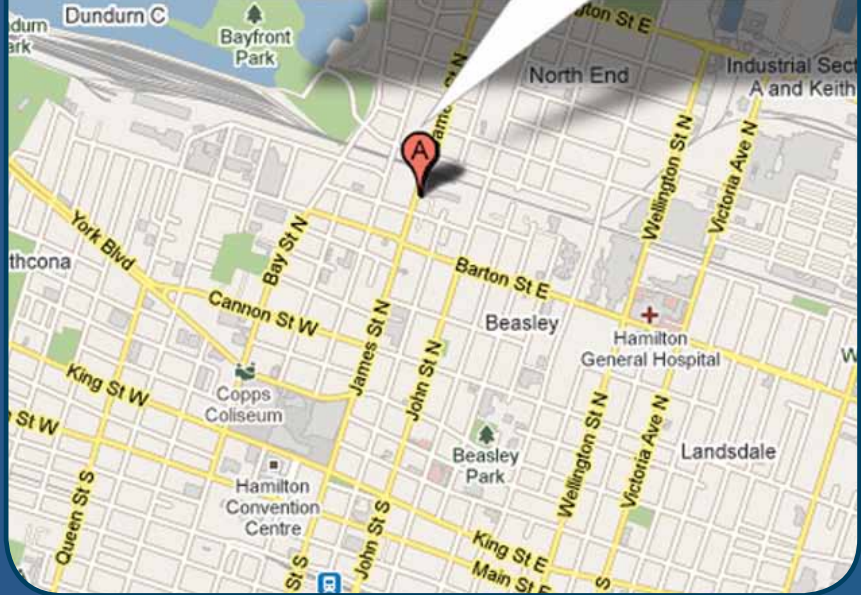
QEW Toronto to Burlington Street  
Follow Burlington Street  
(using through traffic overpasses)  
to James Street  
Turn LEFT on James Street North  
& Follow to Murray  
LIUNA Station is on the LEFT

## From Brantford

403 Hamilton / Toronto  
Exit on Main Street East  
Follow Main Street to John Street  
Turn LEFT on John Street &  
continue North to Murray  
Turn LEFT on Murray  
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### Liuna Station

James Street North  
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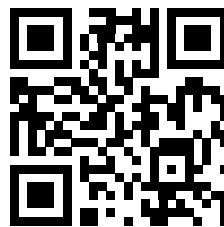


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### **The College of Family Physicians of Canada Mainpro-M1**

This educational program meets the accreditation criteria of The College of Family Physicians of Canada, and has been accredited for **3.5** Mainpro-M1 credits.

### **The Royal College of Physicians & Surgeons of Canada**

This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **3.5** credits per participant.

### **American Medical Association PRA Category 1**

This educational activity is approved for a maximum of **3.5** hours in Category 1 credit towards the AMA Physician's Recognition Award.

**Each physician should claim only those hours of credit that he/she actually spent in the educational activity.**

## CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the event should you provide CHSE with your email address. Receipts will be provided in your registrant package.

## CANCELLATION POLICY

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