



Structure of Temperament Questionnaire, Early teens (STQ-77E-C4) Age 12-16

Name \_\_\_\_\_ Sex: **M/F** Nationality \_\_\_\_\_ Date of birth \_\_\_\_\_  
 Date of testing \_\_\_\_\_ The main profession(s) of father \_\_\_\_\_ mother \_\_\_\_\_  
 Parents' age at your birth: father \_\_\_\_ mother \_\_\_\_ Age difference with siblings: sis: \_\_\_\_\_ bro: \_\_\_\_\_

You are offered 77 statements. Try to imagine the most typical behaviour of this child and rate each statement using the following 1 to 4 scale. Remember: there are no "wrong" or "right" answers.

**1 – Strongly Disagree      3 - Rather Agree**  
**2 - Rather Disagree      4 – Strongly Agree**

|    | Strongly Disagree | Rather Disagree | Rather Agree | Strongly Agree | To what extent do you agree with the following statements in regards to this child:   |
|----|-------------------|-----------------|--------------|----------------|---|
| 1  | 1                 | 2               | 3            | 4              | (S)He prefers physical games for leisure activities.  |
| 2  | 1                 | 2               | 3            | 4              | (S)He makes up his own plans, "projects" and even rules in the games but often doesn't complete them.                         |
| 3  | 1                 | 2               | 3            | 4              | Enjoys playing fast-paced and sport games.  |
| 4  | 1                 | 2               | 3            | 4              | (S)He likes chatting in big gatherings.   |
| 5  | 1                 | 2               | 3            | 4              | Usually, he/she is bored if people around discuss technical, scientific or social issues                                      |
| 6  | 1                 | 2               | 3            | 4              | (S)He can be very fast in conversations.  |
| 7  | 1                 | 2               | 3            | 4              | While waiting for another person (not a family member) to finish something, he/she can lose patience and use abusive gestures |
| 8  | 1                 | 2               | 3            | 4              | (S)He is often optimistic and light-headed even when is poorly prepared for a test at school.                                 |
| 9  | 1                 | 2               | 3            | 4              | (S)He does not like risks.  |
| 10 | 1                 | 2               | 3            | 4              | (S)He can simultaneously do several things.   |
| 11 | 1                 | 2               | 3            | 4              | After making mistakes or criticism, he/she worries about it longer than other teens.  |
| 12 | 1                 | 2               | 3            | 4              | (S)He can stay on reading or another mental task for at least an hour.  |
| 13 | 1                 | 2               | 3            | 4              | I never have to yell or raise my voice at this child.   |
| 14 | 1                 | 2               | 3            | 4              | He/she is engaged in athletic and physical activities in school with a lot of enthusiasm.                                     |
| 15 | 1                 | 2               | 3            | 4              | (S)He never bother us with "why and how" talks, accepting everything as is.   |
| 16 | 1                 | 2               | 3            | 4              | (S)He is quick and flexible in physical actions.  |
| 17 | 1                 | 2               | 3            | 4              | (S)He easily gets involved in talks between other teens or adults.  |
| 18 | 1                 | 2               | 3            | 4              | (S)He is so over-confident that often acts as if he/she is the smartest person on the Earth.                                  |
| 19 | 1                 | 2               | 3            | 4              | (S)He prefers to speak at a fast pace.  |
| 20 | 1                 | 2               | 3            | 4              | I am afraid that this child is too kind, forgiving and agreeable; he/she could be easily manipulated by others.               |
| 21 | 1                 | 2               | 3            | 4              | (S)He avoids unfamiliar places and strangers, even if there is no reason not to trust these places and people.                |
| 22 | 1                 | 2               | 3            | 4              | (S)He always "checks out" something unsafe: heights, unknown places and companies of people.                                  |
| 23 | 1                 | 2               | 3            | 4              | Unexpected changes or new plans and instructions do not irritate him/her.   |
| 24 | 1                 | 2               | 3            | 4              | (S)He is very trusting and friendly, even towards strangers.  |
| 25 | 1                 | 2               | 3            | 4              | (S)He is easily distracted and often doesn't complete his/her homework even when reminded by adults.                          |
| 26 | 1                 | 2               | 3            | 4              | I can always explain the behaviour of the child.  |
| 27 | 1                 | 2               | 3            | 4              | (S)He is physically strong for his/her age and can sustain prolonged physical activity.                                       |
| 28 | 1                 | 2               | 3            | 4              | (S)He is not very serious and often too optimistic when it comes to problems; it is hard to puzzle or frighten him/her.       |
| 29 | 1                 | 2               | 3            | 4              | In manual work, his/her hands are moving fast compared to other teenagers   |
| 30 | 1                 | 2               | 3            | 4              | In his/her spare time, he/she cannot be without talking to people.  |
| 31 | 1                 | 2               | 3            | 4              | (S)He picks up a good speed while starting physical work or activities.   |
| 32 | 1                 | 2               | 3            | 4              | (S)He speaks freely, without hesitation.  |
| 33 | 1                 | 2               | 3            | 4              | His/her impulsivity, over-reactions and misbehaviour once was a cause of bad outcomes.  |
| 34 | 1                 | 2               | 3            | 4              | (S)He often worries too much (might have even sweating hands, bad sleep) before even usual tests at school.                   |
| 35 | 1                 | 2               | 3            | 4              | (S)He gets silent and bored during the talks about people's feelings and thoughts, avoiding them whenever he/she can.         |

|    |   |   |   |   |  |
|----|---|---|---|---|--|
| 36 | 1 | 2 | 3 | 4 | (S)He can stay well-focused when attention to details is required (such as in reading, counting, Internet search, etc).              |
| 37 | 1 | 2 | 3 | 4 | (S)He starts being very irritated if suddenly must postpone what he/she was doing and follow new instructions of adults.             |
| 38 | 1 | 2 | 3 | 4 | The child prefers reading and other table-based activities rather than physical games outside.                                       |
| 39 | 1 | 2 | 3 | 4 | There are moments when I compare hi/her to others and feel that I didn't get "the best deal".  |
| 40 | 1 | 2 | 3 | 4 | (S)He can be physically active for a long time before they get really tired.   |
| 41 | 1 | 2 | 3 | 4 | (S)He quickly gets tired in preparation for tests and schoolwork, taking many breaks.  |
| 42 | 1 | 2 | 3 | 4 | When given the assignment to do physical work, he/she does it at a fast pace, even if there is no time pressure.                     |
| 43 | 1 | 2 | 3 | 4 | (S)He is not very talkative even when other teens or adults initiate a chat.   |
| 44 | 1 | 2 | 3 | 4 | (S)He is very interested in science and technology (mobile phones and simple use of the Internet doesn't count)                      |
| 45 | 1 | 2 | 3 | 4 | It is difficult for him/her to speak quickly.  |
| 46 | 1 | 2 | 3 | 4 | (S)He loses patience easily if something takes longer than expected.   |
| 47 | 1 | 2 | 3 | 4 | (S)He would prepare in advance for school routines, visits, local travels, and worries if something went not according to the plan.  |
| 48 | 1 | 2 | 3 | 4 | (S)He often complains of being bored, taking/doing prohibited things for amusement.  |
| 49 | 1 | 2 | 3 | 4 | (S)He often makes up his own ideas or objects even when it's easier just to follow the existing plan.                                |
| 50 | 1 | 2 | 3 | 4 | (S)He is sensitive to and responds right away when seeing that strangers need help.  |
| 51 | 1 | 2 | 3 | 4 | (S)He can do homework for a long time without having breaks for games, Internet or other distractions.                               |
| 52 | 1 | 2 | 3 | 4 | (S)He often remains indifferent when people talk about their feelings or ask about his/her feelings.                                 |
| 53 | 1 | 2 | 3 | 4 | (S)He gets tired quicker than other teens of his/her age when doing manual labour.   |
| 54 | 1 | 2 | 3 | 4 | (S)He likes to experiment with new and unusual sensations (unfamiliar food or drinks, fast driving, heights, unusual music).         |
| 55 | 1 | 2 | 3 | 4 | (S)He can make his/her bed and other household chores fast without a loss of quality of the work.                                    |
| 56 | 1 | 2 | 3 | 4 | (S)He doesn't talk much even in a circle of close relatives and friends.   |
| 57 | 1 | 2 | 3 | 4 | If he/she made a mistake, even publicly, then takes it much easier than other teenagers.   |
| 58 | 1 | 2 | 3 | 4 | (S)He sometimes breaks the rules and/or ignores the advice of other people.  |
| 59 | 1 | 2 | 3 | 4 | His/her impulsiveness and emotions led to troubles more than in other teenagers.   |
| 60 | 1 | 2 | 3 | 4 | In situations of uncertainty, he/she needs people who support him/her.   |
| 61 | 1 | 2 | 3 | 4 | (S)He likes sensational things, such as very speedy rides in cars and intense roller coasters.                                       |
| 62 | 1 | 2 | 3 | 4 | (S)He likes to comment on the causes and consequences of events.   |
| 63 | 1 | 2 | 3 | 4 | He/she doesn't mind helping other people, even if it takes time.   |
| 64 | 1 | 2 | 3 | 4 | If there is a choice between a sport program, music program or a documentary about nature, (s)he chooses the latter.                 |
| 65 | 1 | 2 | 3 | 4 | He/she continues prolonged physical activities and games even when it's time to do something else.                                   |
| 66 | 1 | 2 | 3 | 4 | (S)He needs some time to prepare his/her thoughts before expressing him/herself.   |
| 67 | 1 | 2 | 3 | 4 | In new tasks (even uncomplicated) feels uncertain and needs time to verify everything before doing them (more than other teenagers). |
| 68 | 1 | 2 | 3 | 4 | Sometimes (s)he admits that he/she avoids chatty conversations between his/her peers, and feels "ok" not being included.             |
| 69 | 1 | 2 | 3 | 4 | When "done work" should be re-done, (s)he, of course, is not happy but does everything as needed.                                    |
| 70 | 1 | 2 | 3 | 4 | It is difficult for him/her to read at a fast pace.  |
| 71 | 1 | 2 | 3 | 4 | (S)He is impatient in situations requiring a prolonged (30-60 min) waiting without doing anything.                                   |
| 72 | 1 | 2 | 3 | 4 | In our family travels prefers familiar places, and when planning unfamiliar trips, he/she becomes anxious and verifies the details.  |
| 73 | 1 | 2 | 3 | 4 | Even when adults warn him/her, (s)he often continues with risky explorations   |
| 74 | 1 | 2 | 3 | 4 | When (s)he wants to say or do something, (s)he often starts doing it right away, even when it not appropriate.                       |
| 75 | 1 | 2 | 3 | 4 | (S)He likes analysing and comparing new information with his/her knowledge and often asks or comments something "clever".            |
| 76 | 1 | 2 | 3 | 4 | (S)He is easily distracted by helping other people and often forgets about his/her duties.   |
| 77 | 1 | 2 | 3 | 4 | There were days when I was losing patience and manners with this child.  |