Early teens Structure of Temperament Questionnaire (STQ-77E-C4)  Age 12-16

You are offered 77 statements. Try to imagine the most typical behaviour of this child and rate each statement using the following 1 to 4 scale. Remember: there are no “Wrong” or “Right” answers.

1 – Strongly Disagree  3 - Rather Agree
2 - Rather Disagree  4 – Strongly Agree

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<th>Strongly Disagree</th>
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To what extent do you agree with the following statements in regards to this child:

1. (S) He prefers physical games for leisure activities.
2. (S) He makes up his own plans, "projects" and even rules in the games but often doesn't complete them.
3. Enjoys playing fast-paced and sport games.
4. (S) He likes chatting in big gatherings.
5. Usually, he/she is bored if people around discuss technical, scientific or social issues.
6. (S) He can be very fast in conversations.
7. While waiting for another person (not a family member) to finish something, he/she can lose patience and use abusive gestures.
8. (S) He is often optimistic and light-headed even when is poorly prepared for a test at school.
9. (S) He does not like risks.
10. (S) He can simultaneously do several things.
11. After making mistakes or criticism, he/she worries about it longer than other teens.
12. (S) He can stay on reading or another mental task for at least an hour.
13. I never have to yell or raise my voice at this child.
14. He/she is engaged in athletic and physical activities in school with a lot of enthusiasm.
15. (S) He never bother us with "why and how" talks, accepting everything as is.
16. (S) He is quick and flexible in physical actions.
17. (S) He easily gets involved in talks between other teens or adults.
18. (S) He is so over-confident that often acts as if he/she is the smartest person on the Earth.
19. (S) He prefers to speak at a fast pace.
20. I am afraid that this child is too kind, forgiving and agreeable; he/she could be easily manipulated by others.
21. (S) He avoids unfamiliar places and strangers, even if there is no reason not to trust these places and people.
22. (S) He always "checks out" something unsafe: heights, unknown places and companies of people.
23. Unexpected changes or new plans and instructions do not irritate him/her.
24. (S) He is very trusting and friendly, even towards strangers.
25. (S) He is easily distracted and often doesn't complete his/her homework even when reminded by adults.
26. I can always explain the behaviour of the child.
27. (S) He is physically strong for his/her age and can sustain prolonged physical activity.
28. (S) He is not very serious and often too optimistic when it comes to problems; it is hard to puzzle or frighten him/her.
29. In manual work, his/her hands are moving fast compared to other teenagers.
30. In his/her spare time, he/she cannot be without talking to people.
31. (S) He picks up a good speed while starting physical work or activities.
32. (S) He speaks freely, without hesitation.
33. His/her impulsivity, over-reactions and misbehaviour once was a cause of bad outcomes.
34. (S) He often worries too much (might have even sweating hands, bad sleep) before even usual tests at school.
35. (S) He gets silent and bored during the talks about people's feelings and thoughts, avoiding them whenever he/she can.
36. (S) He can stay well-focused when attention to details is required (such as in reading, counting, Internet search, etc).
(S)He starts being very irritated if suddenly must postpone what he/she was doing and follow new instructions of adults.

The child prefers reading and other table-based activities rather than physical games outside.

There are moments when I compare hi/her to others and feel that I didn't get "the best deal".

(S)He can be physically active for a long time before they get really tired.

(S)He quickly gets tired in preparation for tests and schoolwork, taking many breaks.

When given the assignment to do physical work, he/she does it at a fast pace, even if there is no time pressure.

(S)He is not very talkative even when other teens or adults initiate a chat.

(S)He is very interested in science and technology (mobile phones and simple use of the Internet does not count)

It is difficult for him/her to speak quickly.

(S)He loses patience easily if something takes longer than expected.

(S)He would prepare in advance for school routines, visits, local travels, and worries if something went not according to the plan.

(S)He often complains of being bored, taking/doing prohibited things for amusement.

(S)He often makes up his own ideas or objects even when it's easier just to follow the existing plan.

(S)He is sensitive to and responds right away when seeing that strangers need help.

(S)He can do homework for a long time without having breaks for games, Internet or other distractions.

(S)He often remains indifferent when people talk about their feelings or ask about his/her feelings.

(S)He gets tired quicker than other teens of his/her age when doing manual labour.

(S)He likes to experiment with new and unusual sensations (unfamiliar food or drinks, fast driving, heights, unusual music).

(S)He can make his/her bed and other household chores fast without a loss of quality of the work.

(S)He doesn't talk much even in a circle of close relatives and friends.

If he/she made a mistake, even publicly, then takes it much easier than other teenagers.

(S)He sometimes breaks the rules and/or ignores the advice of other people.

His/her impulsiveness and emotions led to troubles more than in other teenagers.

In situations of uncertainty, he/she needs people who support him/her.

(S)He likes sensational things, such as very speedy rides in cars and intense roller coasters.

(S)He likes to comment on the causes and consequences of events.

He/she doesn't mind helping other people, even if it takes time.

If there is a choice between a sport program, music program or a documentary about nature, (s)he chooses the latter.

(S)He/she continues prolonged physical activities and games even when it's time to do something else.

(S)He needs some time to prepare his/her thoughts before expressing him/herself.

In new tasks (even uncomplicated) feels uncertain and needs time to verify everything before doing them (more than other teenagers).

Sometimes (s)he admits that he/she avoids chatty conversations between his/her peers, and feels "ok" not being included.

When "done work" should be re-done, (s)he, of course, is not happy but does everything as needed.

It is difficult for him/her to read at a fast pace.

(S)He is impatient in situations requiring a prolonged (30-60 min) waiting without doing anything.

In our family travels prefers familiar places, and when planning unfamiliar trips, he/she becomes anxious and verifies the details.

Even when adults warn him/her, (s)he often continues with risky explorations

When (s)he wants to say or do something, (s)he often starts doing it right away, even when it not appropriate.

(S)He likes analysing and comparing new information with his/her knowledge and often asks or comments something "clever".

(S)He is easily distracted by helping other people and often forgets about his/her duties.

There were days when I was losing patience and manners with this child.