The Golden Horseshoe Pediatric Exercise Group

Date: April 14, 2015
Location: Brock University, Plaza Building, Room Pl600F

EXERCISE AND THE HEALTHY CHILD: IS THERE ANYTHING MORE WE NEED TO KNOW?

8:30 – 9:00: Arrival

9:00 – 9:10: Welcome, introductions, updates (Bareket Falk)

9:10 – 9:40: Tom Rowland, Baystate Medical Center, Springfield, MA
“Pediatric Exercise Research – gaps in our knowledge: a global perspective”

9:40 – 10:00: Ted Temertzoglou, Thompson Educational Publishing, Canada
“Schools & Community Coaches: Identifying Possible Gaps in Exercise Science”

10:00 – 12:00 Session 1 – Presentations & Discussions

• Neil Armstrong, University of Exeter, UK
“Aerobic responses to exercise and training”

• Alon Eliakim, Tel-Aviv University, Israel
“Endocrine response to exercise and training”

• Brian Timmons, McMaster University, Canada
“Immune response to exercise and training”

• Shlomit Radom-Aizik, University of California, Irvine, CA
“Genomics and epigenetics of exercise and training”
12:00 – 13:00: **Lunch** (A great one will be provided!)

13:00 – 15:00: **Session 2 – Presentations & Discussions**

- **Nota Klentrou**, Brock University, Canada
  “Bone, exercise and training”

- **Stephanie Atkinson**, McMaster University, Canada
  “Nutrition and the exercising child”

- **Raffy Dotan**, Brock University, Canada
  “Child–Adult Muscle-Functional Differences: What might they teach us?”

- **Sid Segalowitz**, Brock University, Canada
  “Neurocognitive development, exercise and training”

15:00 - 16:00: **Integrative discussion: The gaps in our knowledge**

Closing remarks (Bareket Falk)

FOR QUESTIONS AND COMMENTS: Bareket Falk (bfalk@brocku.ca)