

5th Annual Innovations in Palliative Care Day

"Innovations in Thought and Practice"

February 27, 2008

08:30 – 16:00

**LIUNA STATION
360 James St. N
Hamilton, ON**

FOR MORE INFORMATION:

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Michael G. DeGroote
SCHOOL OF MEDICINE

COURSES 2008

Department of
Family Medicine
Division of Palliative Care

 Ontario

This program is supported by an
unrestricted educational grant by the
Ministry of Health and Long Term Care

OBJECTIVES

- To learn new strategies for treatment of complex pain
- To learn strategies for exploring the palliative care needs of people with Parkinson's disease
- To learn more about the spiritual distress experienced by patients, families and staff and ways to provide comfort
- To learn more about caring for the palliative care patient who has the potential for risk of addiction

TARGET AUDIENCE

Experienced Clinicians and Palliative /
Hospice Health Care Planners and Providers
of all Disciplines

PLANNING COMMITTEE

Elizabeth Latimer, MD, CCFP, FCFP
Professor, Department of Family Medicine
Division of Palliative Care
Palliative Care Consultant Physician
McMaster University and Hamilton Health Sciences
Hamilton, ON

Chris Sherwood
Palliative Pain and Symptom Management Consultant
Brant Haldimand and Norfolk Counties
Brantford, ON

Sheilah Laffan
Program Administrator
Continuing Health Sciences Education
McMaster University, Faculty of Health Sciences
Hamilton, ON

PROGRAM

08:30 - 9:00 **Registration and Continental Breakfast**

09:00 - 9:15 **Introductions and Report from the Division of Palliative Care**

Denise Marshall, MD, CCFP, FCFP

Palliative Care Consultant Physician & Director
Division of Palliative Care
McMaster University
Hamilton, ON

09:15 - 10:30 **"MULTIMODAL ANALGESIA": New Strategies for Treatment of Complex Pain**

Nadia Plach, MD, PhD, CCFP, FCFP

Palliative Care Consultant
Hamilton Health Sciences, General Site
Associate Professor, Family Medicine
McMaster University, Hamilton, ON

"An increasing number of people requiring palliative care suffer both acute cancer and chronic non-cancer pain. Advances in understanding the neurobiology of pain provide a rational basis for "multimodal analgesia". This session will explore the challenges of applying both "new & old" modalities to optimize pain relief and enhance quality of life".

10:30 - 10:45 **Comfort Break**

10:45 - 12:00 **Is Palliative Care Valid in Parkinson's Disease?**

Janis M Miyasaki, MD, Med, FRCPC

Associate Clinical Director
The Movement Disorders Centre
President, Medical Staff Association
Toronto Western Hospital
University Health Network
University of Toronto
Toronto, ON

Palliative Care is often applied to oncology, amyotrophic lateral sclerosis (ALS) and dementia. In the past, palliative care in Parkinson disease (PD), referred to minimizing medications and managing psychosis and dementia. This innovative program cares for patients and caregivers/families in the community over a longer period with the goals to improving quality of life for the patient and family, addressing pain and decreasing acute care hospitalizations.

12:00 - 13:00 **Lunch**

13:00 - 14:15 **Spiritual Distress: The Essence of Our Humanity**

Ann Vander Berg, MTS

Chaplain
Henderson General Hospital
Juravinski Cancer Centre
Hamilton, ON

Spiritual distress is both a very personal and yet a very universal part of our human experience. During this hour, we will have an opportunity to explore spiritual distress as the ultimate experience of meaning and potential for growth. The presentation is case-based and the style is informal in nature.

14:15 - 14:30 **Comfort Break**

14:30 - 15:45 **Pain, Palliative Care and Addiction-- A practical guide for the practitioner**

Brian K. Kerley, MD, CCFP, FCFP

Medical Director, Hospice Niagara
Assistant Clinical Professor, Department of Family Medicine and Division of Palliative Care
McMaster University
Hamilton, ON

Until recently, we as palliative care practitioners have convinced ourselves that addiction is not an issue in our practices. Clearly, however, some of our patients exhibit aberrant drug-taking behaviour. Rather than denying that there is a risk, we should ask "how great is the risk, and how can it be managed?" This session will focus on risk assessment and offer practical tips for dealing with high risk or addicted patients who have cancer pain and deserve good palliative pain and symptom management as much as the rest of us do.

15:45 - 16:00 **Wrap up and Evaluations**

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers and planning committee members participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

GENERAL INFORMATION

STUDY CREDITS

As an organization accredited to sponsor Continuing Medical Education for Physicians, by both the Committee on Accreditation of Canadian Medical Schools and the Accreditation Council for Continuing Medical Education of the United States, Continuing Health Sciences Education, McMaster University designates this educational program as meeting the criteria for:

The College of Family Physicians of Canada MAINPRO-M1

This educational program meets the accreditation criteria of The College of Family Physicians of Canada, and has been accredited for **5.25 MAINPRO-M1 credits**

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will not be sent to registrants prior to the event. Receipts will be provided in your registrant package.

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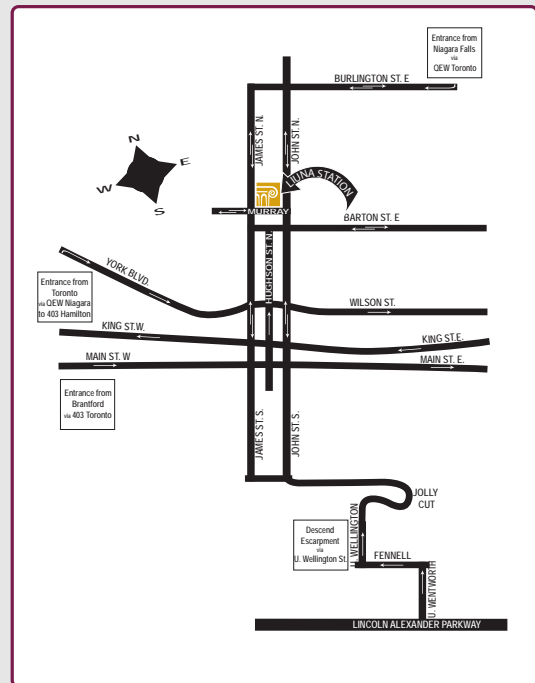
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From Toronto

QEW Niagara to 403 Hamilton
Exit on York Blvd.
Follow York Blvd. to James Street
Turn LEFT on James Street and Continue North to Murray
Turn RIGHT on Murray
LIUNA Station is on the LEFT

From Brantford

403 Hamilton / Toronto
Exit on Main Street East
Follow Main Street to James Street
Turn LEFT on James Street and continue North to Murray
Turn RIGHT on Murray
LIUNA Station is on the LEFT side

From the Escarpment

Take Upper Wentworth exit from the 'Linc'
Go NORTH on Upper Wentworth to Fennell
Turn LEFT onto Fennell
Turn RIGHT onto Upper Wellington and follow this
Down the escarpment (it changes into John Street)
Follow John Street to Murray
Turn LEFT on Murray
LIUNA Station is on the RIGHT

From Niagara Falls

QEW Toronto to Burlington Street
Follow Burlington Street
(using through traffic overpasses) to James Street
Turn LEFT on James Street North and Follow to Murray
LIUNA Station is on the LEFT

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5TH ANNUAL INNOVATIONS IN PALLIATIVE CARE DAY - Feb 27, 2008

I CONSENT to having my name, address and email added to the CHSE mailing database for upcoming CME opportunities YES
NO

I CONSENT to having my name appear on a published registrant list YES
NO

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REGISTRATION FEE \$50

Fee includes breakfast, comfort breaks, lunch and printed material

FOR MORE INFORMATION

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