

June 6<sup>th</sup> - 10<sup>th</sup>, 2011

**NEW LOCATION! Royal Botanical Gardens**

680 Plains Road West, Burlington, ON - "FREE PARKING"

# Palliative Care

5 Days in

AN IN DEPTH LEARNING EXPERIENCE

## Planning Committee:

**Nadia Plach, MD, PhD, CCFP, FCFP, CHAIR**  
Associate Professor, Department of Family Medicine  
& Palliative Care Consultant  
McMaster University, Hamilton Health Sciences  
Joseph Brant Memorial Hospital & Halton Community  
Hamilton & Burlington, ON

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Clinical Nurse Specialist, Palliative Care  
Dr. Bob Kemp Center for Hospice and Palliative Care  
Assistant Clinical Professor  
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Palliative Care Consultant  
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Division of Palliative Care, Department of Family Medicine  
McMaster University, Hamilton, ON  
Founder, ChooseWellness.ca

**Carol Sweeney, BSW, RSW**  
Social Worker, GIM  
Teacher, Division of Palliative Care  
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Assistant Clinical Professor, Department of Family Medicine  
McMaster, Hamilton, ON

**Kathleen Willison, RN, MSC, CHPCN(C)**  
Clinical Nurse Specialist, Palliative Care  
St. Joseph's Healthcare Hamilton  
Assistant Clinical Professor, School of Nursing  
Associate Member, Division of Palliative Care  
Department of Family Medicine  
McMaster University, Hamilton, ON

**Sheilah Laffan**  
Program Administrator  
Continuing Health Sciences Education  
Faculty of Health Sciences  
McMaster University, Hamilton, ON

## Objectives

By attending this program you will have an opportunity to:

- Learn more about assessing & managing physical, emotional, social & spiritual distress
- Enhance collaborative practice skills in a retreat-like setting
- Forge new inter-professional relationships
- Deepen awareness of interdisciplinary practice

## Target Audience

Health Care Professionals who are working & providing Hospice/Palliative End of Life Care:

- Physicians
- Nurses
- Spiritual Care
- Social Workers
- Other Health Professionals

Department of  
**Family Medicine**  
Division of Palliative Care

To Register visit the CHSE Website at  
[www.fhs.mcmaster.ca/conted](http://www.fhs.mcmaster.ca/conted)

## For More Information

**SINEAD IRVINE**, Event Coordinator  
Continuing Health Sciences Education  
McMaster University, MDCL 3510  
1200 Main Street West, Hamilton, ON L8N 3Z5  
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McMaster  
University  
HEALTH SCIENCES



# Agenda 2011

## Monday June 6<sup>th</sup>

Philosophy in Hospice Palliative Care  
Caring for Patients & Families –  
What Are Their Needs & How Can We Help  
Fostering Dignity

## Tuesday June 7<sup>th</sup>

Palliative Care Emergencies  
Management of G.I. Symptoms  
Easing Fatigue  
Ethics in End of Life Care  
The Role of Herbal Therapies  
Truth with Tenderness  
Challenges in Communication  
Feeding & Hydration at End of Life

## Wednesday June 8<sup>th</sup>

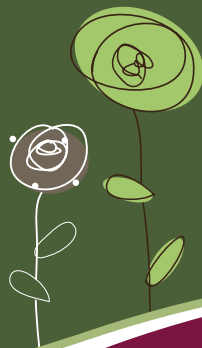
Management in Pain in Hospice Palliative Care  
Radiation Therapy  
Anesthesiology & Pain Management  
Contribution of the Pharmacist  
Challenges in Pain Management

## Thursday June 9<sup>th</sup>

Management of Dyspnea  
Psychological & Emotional Care  
Children & Grief  
Gift of Life – Organ Donation  
Interprofessional Roles in Patient & Family Care

## Friday June 10<sup>th</sup>

Our Community of Care  
Funeral Planning  
Bereavement Care  
Managing Care at Home  
Legal Issues  
Final Reflections



# Testimonials

“5 Days In Palliative Care was great – it provided me with more confidence for my practice work within the community.”

“It ran like clockwork – thank you for a great week of learning & fellowship.”

“All aspects of the conference: the speakers, the topics, the social & recreational activities, the venue, the organizers & importantly the food were all of a uniformly high standard.”

The Royal Botanical Gardens Centre is located at 680 Plains Road West, on the border of Burlington and Hamilton in Ontario, Canada.

# Directions

## From Toronto and East

Queen Elizabeth Way to Highway 403 West (Hamilton).  
Exit at Waterdown Road. Travel 800 metres south along Waterdown Road to Plains Road West.  
Turn right onto Plains Road West and travel 2km.  
Turn left into the RBG parking lot.

## From Kitchener-Waterloo and West including Detroit (U.S.A.)

Highway 401 East to Highway 6 South.  
Follow Highway 6 South for about 25 km.  
Exit onto York Road, make a left and then a right on the new Plains Road and drive south crossing over the 403.  
Turn left at the lights to continue on Plains Road West for about 1 km, passing the glass building.  
Turn right into the RBG parking lot.

## From the Niagara Region and Buffalo (U.S.A.)

Queen Elizabeth Way to Highway 403 West (Hamilton).  
Exit at Waterdown Road.  
Travel 800 metres south along Waterdown Road to Plains Road West.  
Turn right onto Plains Road West and travel 2km.  
Turn right into the RBG parking lot.



## For Family Physicians

The Ontario Ministry of Health has allocated funds to McMaster University to provide a Palliative Care Educational Program for Family Physicians which will:

- Enhance skills & knowledge in maximizing the quality of life of palliative care recipients;
- Recognize the primacy of care recipients & their families; &
- Facilitate & mobilize the development of community support networks

Physicians from Hamilton-Wentworth, Brant County, Halton-Peel, Mississauga, Waterloo, Wellington, Dufferin, Haldimand-Norfolk, & Niagara Regions who are interested in participating, may qualify for funding for:

1. The registration fee for the Five Days in Palliative Care Program
2. The registration fee for a week long practicum with the Palliative Care Team at a Hamilton Hospital
3. There are also some funds available for participating physicians who may require practice replacement costs

Please contact **Clareen Akshinthala** for more information at [akshint@mcmaster.ca](mailto:akshint@mcmaster.ca)

Physicians outside of the above stated areas are welcome to attend the program & should apply to their local Long Term Care Office for funding.

## Format

Combination of lectures & small group workshops in an informal, comfortable, retreat like setting. Presenters & Resource Leaders will include specialists in Palliative Care, Ethics, Law, Social Work, Theology, Oncology & others.

## Liability

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this conference.
- That may result from the use of technologies, program, products &/or services at this conference.
- That may arise out of, or during this conference.

## Disclosure of Potential Conflicts of Interest

In keeping with accreditation guidelines, speakers & planning committee members participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

## Study Credits

As an organization accredited to sponsor Continuing Medical Education for Physicians, by both the Committee on Accreditation of Canadian Medical Schools & the Accreditation Council for Continuing Medical Education of the United States, the Continuing Education Program in the Faculty of Health Sciences at McMaster University designates this educational program as meeting the criteria for:

### The College of Family Physicians of Canada

This program meets the accreditation criteria of The College of Family Physicians of Canada & has been accredited for **28.75 MAINPRO-M1** credits.

### The Royal College of Physicians & Surgeons of Canada

This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians & Surgeons of Canada, for a maximum of **28.75** hours.

### American Medical Association PRA Category 1

This educational program is designated for a maximum of **28.75** hours for participants in Category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

*Each physician should claim only those hours of credit that he/she actually spent in the educational activity.*



## Cancellation Policy

The University reserves the right to cancel a course due to insufficient registration or circumstances beyond our control. Cancellations received up until **May 23<sup>rd</sup>, 2011** will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

# Registration Form | 5 Days in Palliative Care | June 6<sup>th</sup> - 10<sup>th</sup>, 2011

Registration

Fee:

\$575

Dr.  Mr.  Mrs.  Miss.  Ms.

I CONSENT to having my name, address & email added to the CHSE mailing database for upcoming CME opportunities  Yes  No

I CONSENT to having my name appear on a published registrant list.  Yes  No

Surname

Given

Profession: MD/FP  Spec  RES  RN  SW  NUT  RPN  Specify

OT  PT  Clergy  Other  Specify

Address

Medical Dept. / Room #

City

Province

Postal Code

Area Code  Phone

Area Code  Fax

Email

Payment By: Visa  M/C  AMEX  CHEQUE  CVC Digits   
Pls make cheque payable to "McMaster University"

CARD NUMBER

Expiry: Month  Year  Signature

**Special Dietary Requirements:** For those with special dietary needs some accommodation may be available:

Vegetarian \_\_\_\_\_ Other: \_\_\_\_\_

**PLEASE IDENTIFY ANY ACCESSIBILITY NEEDS:**  
\_\_\_\_\_  
\_\_\_\_\_

## CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent via email to registrants prior to the event. Receipts will be provided in your registrant package.



# REGISTER [www.fhs.mcmaster.ca/conted](http://www.fhs.mcmaster.ca/conted)



### REGISTER BY PHONE

Call 905-525-9140 ext 22671  
(Visa, MasterCard or AMEX are accepted)



### REGISTER BY FAX

Fax a completed registration form with a Visa, MasterCard or AMEX number to: 905-572-7099



### REGISTER IN PERSON

Bring your completed registration form with Visa, MasterCard, AMEX, cheque or cash payment to the Continuing Health Sciences Education MDCL 3510 office, Monday to Friday between the hours of 9:30 am – 4:00 pm



### REGISTER BY MAIL

Continuing Health Sciences Education  
McMaster University  
MDCL 3510  
1200 Main Street West  
Hamilton, ON L8N 3Z5

## FREEDOM OF INFORMATION & PROTECTION OF PRIVACY ACT

The information on this form is collected under the authority of the McMaster University Act, 1976. The information will be used for administrative purposes, including: your registration in the course; preparation of course materials for your use & to notify you of other courses or pertinent information. Financial information will be used to process applicable fees & will be retained for future reference. This information is protected & is being collected pursuant to section 39(2) & section 42 of the Freedom of Information & Protection of Privacy Act of Ontario (RSO 1990). Questions regarding the collection or use of this personal information should be directed to the University Secretary, Gilmour Hall, Room 210 McMaster University.