

# Opioids for Chronic Non-Cancer Pain:

## Using the Canadian Guideline in Your Practice

This teaching module explores each of the five clusters of the Canadian Guideline for Safe and Effective Use of Opioids for Chronic Non-Cancer Pain, highlighting treatment recommendations through case presentations and summaries, and includes many useful tools to help manage, assess, and monitor patients using opioid therapy for chronic non-cancer pain.

To better understand and be able to implement the recommendations in the Canadian Guideline for Safe and Effective Use of Opioids for Chronic Non-Cancer Pain, after completing this module the learner will be able to:

- Identify patients with chronic non-cancer pain (CNCP) who may benefit from a trial of opioid therapy.
- Discuss the decision process involved when considering a trial of opioid therapy.
- Describe the potential risks associated with opioids such as side effects, long term medical complications and addiction.
- Describe what a trial of opioid therapy involves.
- List appropriate documentation for the prescribing and monitoring of opioid therapy and the tools that can be used for monitoring efficacy and safety of opioids.
- Cite examples of when opioids should be rotated, tapered or stopped.
- Discuss the appropriate use of opioids in specific higher-risk populations.
- Identify resources available to help you and your patients manage their CNCP.



### Mainpro-M1

This educational Program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited by Memorial University of Newfoundland for up to 3 Mainpro-M1 credits.



### Maintenance of Certification (Section 1)

This educational program is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by Memorial University of Newfoundland for up to 3 Maintenance of Certification (Section 1) credit hours.



### Canadian Council on Continuing Education in Pharmacy (CCCEP)

The Canadian Council on Continuing Education in Pharmacy has accredited this program for 3 CEUs.

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