

**November 28<sup>th</sup>, 2012 | Hamilton Convention Centre**

1 Summers Lane, Hamilton, ON

# Update in **GERIATRICS**

*Tipping Points: Landmark Advances  
and Cautionary Tales*

## **OBJECTIVES:**

In this 2nd Annual CME event, participants will acquire evidence-based approaches to important topics in caring for older adults in a variety of health care settings. Presenters will address key tipping points such as delirium, deconditioning, falls, post-operative complications, medications, dementia and responsive behaviours that can lead to a significant change in health status and increase risk of frailty for older adults.

## **TARGET AUDIENCE:**

Family Physicians, General Internal Medicine Physicians, Physician Assistants, Nurses, Occupational Therapists, Physiotherapists, Social Workers, Pharmacists, Other Health Professionals, Students and Residents.

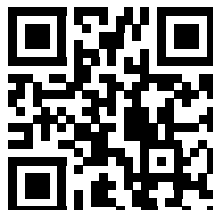


**TO REGISTER VISIT: [www.fhs.mcmaster.ca/conted](http://www.fhs.mcmaster.ca/conted)**

## **FOR MORE INFORMATION...**

### **ANGELA SILLA**

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Continuing Health Sciences Education  
McMaster University  
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# Program Agenda

\*program subject to change

07:30-08:30	<b>Registration/Breakfast/Visit Exhibitors &amp; Poster Boards</b>	13:45-14:05	Starting and Stopping Medications <b>Alexandra Papaioannou, BScN, MSc, MD, FRCPC, FACP</b> Professor-Division of Geriatric Medicine Department of Medicine, McMaster University, Chairholder, Eli Lilly Canada Chair in Osteoporosis, Associate Member, Centre for Evaluation of Medicines
08:30-08:35	<b>Welcome</b>		
08:35-08:50	Lifelong Achievement Award Presentation to Dr. David Sackett <b>John Kelton, MD, FRCPC</b> Dean & Vice-President, Faculty of Health Sciences Professor of Pathology and Molecular Medicine Professor of Medicine McMaster University	14:05-14:25	Prevention of Perioperative Cardiovascular Complications <b>PJ Devereaux, MD, PhD, FRCPC</b> Associate Professor, Department of Clinical Epidemiology and Biostatistics, and the Division of Cardiology, Department of Medicine McMaster University
08:50-09:45	Update on Delirium: "Proven" Pearls for Practice <b>Sharon K. Inouye, MD, MPH</b> Professor of Medicine, Harvard Medical School Developer of the Confusion Assessment Method (CAM) Hospital Elder Life Program (HELP)	14:25-14:40	<b>Panel Discussion</b> <b>Paul R. Katz, MD, CMD</b> <b>Alexandra Papaioannou, BScN, MSc, MD, FRCPC, FACP</b> <b>PJ Devereaux, MD, PhD, FRCPC</b>
09:45-10:00	<b>Q &amp; A</b>		
10:00-10:15	<b>Morning Break/Visit Exhibitors &amp; Poster Boards</b>	14:40-14:55	<b>Afternoon Break/Visit Exhibitors &amp; Poster Boards</b>
10:15-11:00	The Tribulations of Not Performing Trials: Helping Smart Doctors Stop Prescribing Dumb Treatments <b>David Sackett, OC, FRSC, MD, MSc, FRCPC</b> Professor Emeritus, Medicine and Clinical Epidemiology & Biostatistics McMaster University	14:55-15:15	Behaviours in Dementia - What to do when the evidence stops? <b>Jonathan Crowson, MBChB, MRCPsych,</b> Assistant Professor, Division Of Geriatric Psychiatry Department of Behavioural Neurosciences McMaster University
11:00-11:20	Deconditioning & Frailty <b>Joye St Onge, MD, MEd, FRCPC</b> Associate Professor of Medicine, Internal & Geriatric Medicine Director, Geriatric Medicine Residency Program McMaster University	15:15-15:35	Management by Consensus: Dementia 2012 <b>Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)</b> Professor, Division of Geriatric Medicine, Department of Medicine McMaster University
11:20-11:40	Falls <b>Tricia Woo, MD, MSc, FRCPC(C)</b> Associate Professor, Department of Medicine (Geriatrics), McMaster University Centre for Healthy Aging, St. Peter's Hospital, Hamilton Health Sciences	15:35-15:55	Short Snappers: Top 5 Key Articles <b>Nicole Didyk, MD, FRCPC(C)</b> Geriatrician Assistant Clinical Professor (Adjunct) McMaster University
11:40-12:00	<b>Panel Discussion</b> <b>David Sackett, OC, FRSC, MD, MSc, FRCPC</b> <b>Joye St Onge MD, MEd, FRCPC</b> <b>Tricia Woo, MD, MSc, FRCPC(C)</b>	15:55-16:10	<b>Panel Discussion</b> <b>Jonathan Crowson, MBChB, MRCPsych</b> <b>Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)</b> <b>Nicole Didyk, MD, FRCPC(C)</b>
12:00-13:00	<b>Lunch/Visit Exhibitors &amp; Poster Boards</b>	16:10-16:15	<b>Closing, Evaluations &amp; Presentation to the Abstract Winners</b>
13:00-13:45	Health, Wellness and Quality of Life in the Nursing Home <b>Paul R. Katz, MD, CMD</b> Vice President Medical Services Baycrest Geriatric Health Centre Professor of Medicine, University of Toronto		

## WE ARE VERY PLEASED TO PRESENT THREE WORLD RENOWNED EXPERTS IN GERIATRIC CARE & RESEARCH:



**Sharon K. Inouye, MD, MPH**, Professor of Medicine, Harvard Medical School - **Developer of the Confusion Assessment Method (CAM) and Hospital Elder Life Program (HELP)**



**David Sackett, OC, FRSC, BA, MD, MSc, FRCPC**, Professor Emeritus, Clinical Epidemiology & Biostatistics – **Pioneer of Evidence-Based Medicine.**



**Paul Katz, MD**, Vice-president, Medical Services and Chief of Staff, Baycrest, Professor of Medicine, University of Toronto – **Recognized across the world as a leader in the long term care field.**

# Planning Committee

## **Co-Chair - Sharon Marr, BSc, MD, FRCPC, MEd**

Division Director, Division of Geriatric Medicine  
Associate Professor, Division of Geriatric  
Medicine, Department of Medicine, McMaster  
University  
Chair of Regional Geriatric Program central

## **Co-Chair - Alexandra Papaioannou, BScN, MSc, MD, FRCPC, FACP**

Professor, Division of Geriatric Medicine  
Department of Medicine, McMaster  
University, Chairholder, Eli Lilly Canada Chair in  
Osteoporosis, Associate Member  
Centre for Evaluation of Medicines

## **Co-Chair - Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)**

Professor, Division of Geriatric Medicine  
McMaster University

## **Cheryl Allaby, MD, CCFP**

Assistant Clinical Professor,  
Division of Geriatric Medicine, Department of  
Medicine, McMaster University

## **Jonathan Crowson, MBChB, MRCPsych**

Assistant Professor, Department of Behavioural  
Neurosciences, McMaster University, Division of  
Geriatric Psychiatry

## **David Jewell, M.S.W., MHS**

Director, Regional Geriatric Program central

## **Heather McLeod, MD, FRCPC**

Assistant Professor, Division of Geriatric  
Medicine, Department of Medicine, McMaster  
University

## **Brian Misiaszek, MD, FRCPSC**

Associate Professor,  
Department of Medicine, McMaster University  
Chief of Geriatric Services, Hamilton Health  
Sciences

## **Anne Pizzacalla, BScN, MHSc, NP - Adult**

Clinical Nurse Specialist, Hospital Elder Life  
Program, Hamilton Health Sciences

## **Lynn Sage, Hon BA Gerontology**

Education Consultant,  
Regional Geriatric Program central

## **Sheilah Laffan**

Program Administrator  
Continuing Health Sciences Education  
Faculty of Health Sciences, McMaster University

## Study Credits

**As an organization accredited to sponsor Continuing Medical Education for Physicians, by both the Committee on Accreditation of Canadian Medical Schools & the Accreditation Council for Continuing Medical Education of the United States, Continuing Health Sciences Education, McMaster University designates this educational program as meeting the criteria for:**

**The College of Family Physicians of Canada Mainpro-M1** This educational program meets the accreditation criteria of The College of Family Physicians of Canada, & has been accredited for **6.25** Mainpro-M1 credits.

**The Royal College of Physicians & Surgeons of Canada** This educational event is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD options for the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada for a maximum of **6.25** credits per participant.

### **American Medical Association PRA Category 1**

This educational activity is approved for a maximum of **6.25** hours in Category 1 credit towards the AMA Physician's Recognition Award.

**Each physician should claim only those hours of credit that he/she actually spent in the educational activity.**

## Directions

### **From Toronto**

- QEW to Highway 403 West Hamilton
- Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

### **From Guelph**

- Highway 6 South to Highway 403 West Hamilton
- Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

### **From Niagara/ Buffalo**

- QEW Hamilton (approx. 86 km) to Highway 403 West Hamilton
- Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

## General Information

### **DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST**

In keeping with accreditation guidelines, speakers & planning committee members participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker's presentation.

### **CONFIRMATION OF REGISTRATION**

A written acknowledgement of your registration will be sent via email to registrants prior to the event. Receipts will be provided in your registrant package.

### **CANCELLATION POLICY**

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **NOVEMBER 9, 2012** will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

### **LIABILITY**

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this conference.
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- That may arise out of, or during this conference.

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**GERIATRICS**

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# CALL FOR ABSTRACTS

## Submission Deadline: October 15, 2012

The organizing committee welcomes abstracts on any aspect of Geriatric Care. MD's and other health professionals as well as students are welcome to submit their work.

Abstracts will be assessed for scientific validity and clinical relevance. Submissions will undergo blinded peer-review and all selected abstracts will be displayed as posters. Posters will be judged by the conference planning committee and two posters will be selected for an award.

The abstract limit is 250 words (not including title, authors and affiliations) and submissions should be formatted using the following 4 headings:

- Background and Objectives
- Methods
- Results; Discussion
- Conclusions

Do not include your Institution's name in the title. Please do not use tables, figures or references in the abstract.

**SUBMISSIONS CAN BE SENT TO: [silla@mcmaster.ca](mailto:silla@mcmaster.ca)**

**Thank you for contributing to the success of this conference.**

## REGISTRATION FEE:

Physicians & Other Health - \$150

Students/Learners/Residents - \$75

## PLEASE NOTE:

For those with special dietary needs some accommodation may be available:

**Vegetarian:** \_\_\_\_\_ **Other:** \_\_\_\_\_

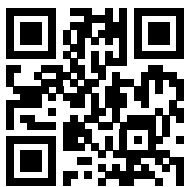
**Custom:** \_\_\_\_\_

(Pls note: custom meal requirements will be ordered at an additional fee. Please contact our office for details)

**PLEASE IDENTIFY ANY ACCESSIBILITY NEEDS:** \_\_\_\_\_

**MEAL PACKAGES FOR GUESTS** may be purchased. Contact the event coordinator for more information.

**CHILDREN ARE NOT PERMITTED** in the live conference setting as it distracts from the learners.



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