

November 27th, 2013 | Hamilton Convention Centre
1 Summers Lane, Hamilton, ON

3rd Annual Update in **GERIATRICS**

**Balancing Chronic Disease Management Priorities
in Frail Seniors: *When is Enough, Enough?***

TARGET AUDIENCE:

Family Physicians, General Internal Medicine Physicians,
Physician Assistants, Nurses, Occupational Therapists,
Physiotherapists, Social Workers, Pharmacists, Students,
Residents, and other Health Care Professionals.

LEARNING OBJECTIVES:

- Participants will acquire evidence-based and practical approaches to chronic disease management in older adults.
- Chronic conditions presented will include: COPD, heart failure, falls and fractures, diabetes, dementia and constipation, which can lead to a significant decline in health status and risk of frailty in older adults.

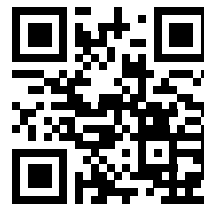


TO REGISTER ONLINE: chse.mcmaster.ca/eventschedule.html

FOR MORE PROGRAM INFORMATION

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Continuing Health Sciences Education
McMaster University
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Program Agenda

*program subject to change

07:30-08:30	Registration/Breakfast/Visit Exhibitors & Poster Boards	13:25-13:45	Falls and Fractures Prevention - RNAO Best Practices Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP Professor-Division of Geriatric Medicine Department of Medicine, McMaster University Chairholder, Eli Lilly Canada Chair in Osteoporosis Scientific Director GERAS Centre
08:30-08:35	Welcome Sharon Marr, BSc, MD, FRCPC, Med Associate Professor/Director, Division of Geriatric Medicine St. Peter's/McMaster University Chair in Aging Department of Medicine, McMaster University Chair of Regional Geriatric Program central	13:45-14:05	Dementia Micheline D. Gagnon, MD, BSc, MEd, FRCPC, FACP Professor of Medicine, McMaster University Head of Service, Geriatrics, St Joseph's Healthcare
08:35-08:50	Lifelong Achievement Award Presentation to Margaret and Charles Juravinski Mr. Murray Martin, President and CEO Hamilton Health Sciences Dr. John Kelton, Dean & Vice-President Faculty of Health Sciences McMaster University Dr. David Higgins, President St. Joseph's Healthcare	14:05-14:25	Let's Talk About Constipation... Why Not? John Marshall, MD, MSc, FRCPC, AGAF Professor, Department of Medicine Head, Clinical Research, Division of Gastroenterology McMaster University
08:50-09:45	Aging is Not for Sissies: Frailty and its Implications for Clinical Care Audrey Chun, MD Associate Professor Geriatrics and Palliative Medicine Mount Sinai Hospital, Director at the Martha Stewart Center for Living, New York, NY	14:25-14:40	Plenary 4-6 Panel Discussion Sabina Keen, MD, FRCP(C) Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP Micheline D. Gagnon, MD, BSc, MEd, FRCPC, FACP John Marshall, MD, MSc, FRCPC, AGAF
09:45-10:00	Morning Break/Visit Exhibitors & Poster Boards	14:40-14:55	Afternoon Break/Visit Exhibitors & Poster Boards
10:00-10:45	COPD: A Silent Disease Paul O'Byrne, MB, FRCPI, FRCPC, FRCPE, FRCP (Glasg) Professor, Division of Respiriology, Department of Medicine Chair, Department of Medicine McMaster University Medical Centre St. Joseph's Healthcare	14:55-15:15	The Contribution of Substance Abuse in the Elderly to the Frailty Syndrome David Lam, MD, FRCPC Assistant Clinical Professor Psychiatry and Behavioural Neuroscience McMaster University
10:45-11:30	Reducing CVD in Type 2 Diabetes: What Large RCTs Tell Us What Does and Does Not Work Hertzel Gerstein, MD, MSc, FRCPC Professor, Department of Medicine Department of Clinical Epidemiology and Biostatistics McMaster University	15:15-15:35	A Balancing Act: Juggling Drugs and Guidelines in the Frail Elderly Justin Lee, BScPhm, ACPR, MD Clinical Fellow, Geriatric Medicine McMaster University
11:30-11:50	Plenary 1-3 Panel Discussion Audrey Chun, MD Paul O'Byrne, MB, FRCPI, FRCPC, FRCPE, FRCP (Glasg) Hertzel Gerstein, MD, MSc, FRCPC	15:35-15:55	Short Snappers: Top 5 Key Articles Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.) Professor, Division of Geriatric Medicine Department of Medicine, McMaster University
11:50-13:00	Lunch/Visit Exhibitors & Poster Award Presentation	15:55-16:10	Plenary 7-9 Panel Discussion David Lam, MD, FRCPC Justin Lee, BScPhm, ACPR, MD Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)
13:00-13:25	Chronic Heart Failure in the Elderly Sabina Keen, MD, FRCP(C) Assistant Clinical Professor Geriatric Medicine and Internal Medicine McMaster University	16:10-16:15	Closing & Evaluations

Featured Speakers



Audrey Chun, MD
Associate Professor Geriatrics and
Palliative Medicine Mount Sinai
Hospital, Director at the Martha Stewart Center
for Living, New York, NY.



**Paul O'Byrne, MB, FRCPI, FRCPC,
FRCPE, FRCP (Glasg)**
Professor, Division of Respiriology,
Department of Medicine Chair,
Department of Medicine, McMaster University
Medical Centre St. Joseph's Healthcare



Hertzel Gerstein, MD, MSc, FRCPC
Professor, Department of
Medicine, Department of Clinical Epidemiology
and Biostatistics McMaster University

Planning Committee

Co-Chair - Sharon Marr, BSc, MD, FRCPC, MEd

Associate Professor/Director, Div. of Geriatric Medicine
St. Peter's/McMaster University Chair in Aging
Department of Medicine, McMaster University
Chair of Regional Geriatric Program central

Co-Chair - Alexandra Papaioannou, BScN, MD MSc, FRCPC, FACP

Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University
Chairholder, Eli Lilly Canada Chair in Osteoporosis
Scientific Director GERAS Centre

Co-Chair - Christopher Patterson, MD, FRCPC FACP, FRCP (Glasg.)

Professor, Division of Geriatric Medicine
McMaster University

Cheryl Allaby, MD, CCFP

Assistant Professor, Dept. of Family Medicine
Associate, Division of Geriatric Medicine
Department of Medicine

Anne Braun, MD, MSc, FRCPC, FACP

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Division of Geriatric Medicine, Dept. of Medicine
Associate Clinical Professor, Dept. of Psychiatry
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Waterloo Wellington Community Care Access Centre

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Assistant Clinical Professor
Division of Geriatrics
Department of Medicine, McMaster University
Service Delivery Division, Resource Management Branch
Ministry of Children and Youth Services

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Regional Geriatric Program central

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Geriatric Program Coordinator
Division of Geriatric Medicine
Operations Site Coordinator, St. Peter's Hospital
Department of Medicine, McMaster University

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Assistant Clinical Professor
Division of Geriatric Medicine
Department of Medicine, McMaster University

Sheilah Laffan

Program Administrator
Continuing Health Sciences Education
Faculty of Health Sciences, McMaster University

Accreditation Statements

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The Royal College of Physicians & Surgeons of Canada MOC Section 1: This activity is an Accredited Group Learning Activity (Section 1) as defined by the **Maintenance of Certification** program of **The Royal College of Physicians and Surgeons of Canada** and approved by McMaster Continuing Health Science Education for up to 6 MOC Section 1 credits

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

Directions

Hamilton Convention Centre

1 Summers Lane, Hamilton, ON

From Toronto > QEW to Highway 403 West Hamilton

> Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

From Guelph > Highway 6 South to Highway 403 West Hamilton

> Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

From Niagara/ Buffalo > QEW Hamilton to Highway 403 West Hamilton

> Take the Main St. East exit & follow directional signs to the facility (1/2 block east of Bay St.)

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In keeping with accreditation guidelines, speakers & planning committee members participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

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