

Friday, November 16<sup>th</sup>, 2018

*Clinical Day in*  
**RHEUMATOLOGY**  
**'THE PEARLS YOU NEED TO KNOW'**

**Hamilton Convention Centre**, by Carmen's  
1 Summers Lane, Hamilton, Ontario, Canada

**TARGET AUDIENCE**

Family Physicians, Family Medicine Residents, Physician Assistants (and Physician Assistant trainees), All Primary Health / Allied Health Care Providers, Office Nurses, Internists, Registered Nurses & Nurse Practitioners.

**LEARNING OBJECTIVES**

By the end of this conference, participants will be able to diagnose and implement appropriate management for common rheumatologic conditions.

More specifically, participants will be able to:

1. Develop practical approaches and apply vital clinical pearls, to common rheumatologic conditions in adults, and juvenile arthritis in pediatric patients.
2. Develop practical approaches to conditions such as Spinal Stenosis and Lyme Disease.
3. Appropriately investigate, diagnose and manage common rheumatologic conditions.
4. Recognize safety issues regarding biologic therapies.
5. Examine for swollen joints and common musculoskeletal disorders.
6. Update their knowledge of conditions encountered in rheumatology.

REGISTER  
ONLINE

[www.fhs.mcmaster.ca/conted/rheumatology.html](http://www.fhs.mcmaster.ca/conted/rheumatology.html)

**For Activity Information**

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**HEALTH SCIENCES**  
Continuing Health Sciences  
Education

**For Registration Information**

P: 905-525-9140 x22671 • E: [cmereg@mcmaster.ca](mailto:cmereg@mcmaster.ca)



Download our mobile apps and get push notification updates about the program!



@mcmasterchse

6:45-7:50 **REGISTRATION AND BREAKFAST**

7:50-8:00 **Welcome and Introductions**

## SESSION I

**Moderated by Dr. Ravinder Ohson**

8:00-8:20 Early Inflammatory Arthritis  
**Maggie Larche**

8:20-8:40 Primer on Connective Tissue Diseases  
**Mark Matsos**

8:40-9:00 Common MSK Complaints –  
What You Need to Know  
**Lawrence Hart**

9:00-9:20 Biologics update – Safety and Vaccines  
**Raj Carmona**

9:20-10:00 **PANEL DISCUSSION**

10:00-10:15 **MORNING NUTRITION BREAK**

## SESSION II

**Moderated by Dr. Inge Schabert**

10:15-10:35 Polymyalgia rheumatic and GCA  
**Nader Khalidi**

10:35-10:55 Drugs that cause Osteoporosis  
**Rick Adachi**

10:55-11:15 Psoriatic Arthritis  
**Tulio Scocchia**

11:15-11:35 Spinal Stenosis  
**Drew Bednar**

11:35-12:05 **PANEL DISCUSSION**

12:05-13:00 **LUNCH**

## SESSION III

**MEET THE PROFESSOR (Choice of 2)**

13:00-13:40 Physical Exam – Upper Limb  
**Raj Carmona + TBA**

13:00-13:40 Physical Exam – Lower Limb  
**Tulio Scocchia + TBA**

13:00-13:40 Osteoporosis Workshop  
**Arthur Lau**

13:00-13:40 Gout Workshop  
**Alf Cividino**

## SESSION III

**MEET THE PROFESSOR (Choice of 2)**

13:50-14:30 Physical Exam – Upper Limb  
**Raj Carmona + TBA**

13:50-14:30 Physical Exam – Lower Limb  
**Tulio Scocchia + TBA**

13:50-14:30 Osteoporosis Workshop  
**Arthur Lau**

13:50-14:30 Gout Workshop  
**Alf Cividino**

14:30-14:45 **AFTERNOON NUTRITION BREAK**

## SESSION IV

**Moderated by Dr. Ravinder Ohson**

14:45-15:05 Juvenile Arthritis  
**Michelle Bhattish**

15:05-15:25 Lyme Disease  
**Eva Piessens**

15:25-15:45 **PANEL DISCUSSION**

15:45-16:00 **CLOSING REMARKS**

## Disclosure of Potential Conflicts of Interest

In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education Program requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

## CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **November 1, 2018** will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

## LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this activity.
- That may result from the use of technologies, program, products and/or services at this activity.
- That may arise out of, or during this activity.

## ACTIVITY PACKAGES

As the registrant your activity package includes breakfast, nutritional breaks, and lunch. Your activity lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the activity, their meals are at their own cost and will be billed directly. Meal packages for guests may be purchased. Contact the CHSE coordinator for more information.

## PHOTOGRAPHY

Candid photos will be taken at the program. Your registration implies your permission for these photos to be used for promotional material. Individuals in photographs will not be identified.

**6.25**

Mainpro+  
MOC Section 1

## ACCREDITATION STATEMENTS

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical

Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the McMaster University Continuing Health Sciences Program for up to **6.25 Mainpro+ credits**.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by McMaster University, Continuing Health Sciences Education Program for up to **6.25 MOC Section 1 hours**.

Through an agreement between The Royal College of Physicians and Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

\*Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

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# Registration Form

## Clinical Day in Rheumatology 2018

Friday, November 16<sup>th</sup>, 2018

Hamilton Convention Centre, by Carmen's

1 Summers Lane, Hamilton, Ontario

www.fhs.mcmaster.ca/conted/rheumatology.html

### REGISTRATION Fees

- Physicians - \$150.00
- Other Health Care - \$100.00
- Residents/Students - \$50.00

### MEET THE PROFESSOR

SESSION III (please choose one)

13:00-13:40

- Physical Exam – Upper Limb
- Physical Exam – Lower Limb
- Osteoporosis Workshop
- Gout Workshop

SESSION III (please choose one)

13:50-14:30

- Physical Exam – Upper Limb
- Physical Exam – Lower Limb
- Osteoporosis Workshop
- Gout Workshop

Dr.  Mr.  Mrs.  Miss.  Ms.

Surname

Given

Profession:  FP  PA  Trainees  NP - PHC  NP - Adult  RN  Residents  Students  Other  Specify \_\_\_\_\_

Royal College Members (only) ID# (for auto upload of MOC credits) \_\_\_\_\_

Address

Medical Dept. / Room #

City

Province  Postal Code

Area Code  Phone

Area Code  Fax  Cell

FOR OFFICE USE ONLY  
Activity Code: RHEUM2018

Email \*Your registration cannot be processed without an email address

Payment By:  Cash  Visa  M/C  AMEX  Cheque  Pls make cheque payable to "McMaster University" \*\*  
Registration by cheque cannot be confirmed until payment has been processed.

Amount \$

Card Number

Month  Year  Signature  CVD (# on back of card)

### CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

### FOR THOSE WITH SPECIAL DIETARY NEEDS SOME ACCOMMODATION MAY BE AVAILABLE:

Vegetarian: \_\_\_\_\_ Allergy: \_\_\_\_\_ Other: \_\_\_\_\_  
(Please note: special meal requests may require an additional fee. Please contact our office for details)

PLEASE IDENTIFY ANY ACCESSIBILITY NEEDS: \_\_\_\_\_

CHILDREN ARE NOT PERMITTED as it distracts from the learners.

If you require **PERSONAL SUPPORT** at this activity, the health aid provider must register in advance at the general public rate.



## 5 Ways TO REGISTER...

### 1. ONLINE @ [www.fhs.mcmaster.ca/conted/calendar.html](http://www.fhs.mcmaster.ca/conted/calendar.html)



2. BY PHONE  
Call 905-525-9140 x 22671



4. BY FAX  
Fax a completed registration form with a Visa, MasterCard or AMEX number to 905-572-7099



3. IN PERSON  
Bring your completed registration form with Visa, MC, AMEX, cheque or cash payment to:  
McMaster University, Continuing Health Sciences Education  
100 Main St. W., 5th Flr, Rm 5004, Hamilton, ON L8P 1H6  
Monday to Friday between the hours of 9:30 am – 4:00 pm



5. BY MAIL  
Send your completed registration form to:  
McMaster University, Continuing Health Sciences Education  
1280 Main St. W., DBHSC, Rm 5004, Hamilton, ON L8S 4K1

### FREEDOM OF INFORMATION & PROTECTION OF PRIVACY ACT

The information on this form is collected under the authority of the McMaster University Act, 1976. The information will be used for administrative purposes, including your registration in the course, preparation of course materials for your use and to notify you of other courses or pertinent information. Financial information will be used to process applicable fees and will be retained for future reference. This information is protected and is being collected pursuant to section 39(2) and section 42 of the Freedom of Information and Protection of Privacy Act of Ontario (RSO 1990). Questions regarding the collection or use of this personal information should be directed to the University Secretary, Gilmour Hall, Room 210 McMaster University.