

8th Annual Update in **GERIATRICS**

“ Health Promotion in
our Aging Population ”

Wednesday, November 28th, 2018 Liuna Station, 360 James St. N., Hamilton, ON



TARGET AUDIENCE

- Family Physicians
- General Internal Medicine Physicians
- Physician Assistants
- Nurses
- Occupational Therapists
- Physiotherapists
- Social Workers
- Pharmacists
- Other Health Care Professionals
- Students
- Residents

LEARNING OBJECTIVES

By attending this activity, participants will be able to:

- Acquire evidence-based and practical approaches to health promotion and prevention for older adults.
- Address key topics such as management/prevention of behavioural and psychological symptoms of dementia, wound care, falls and fractures, and social isolation, in addition to other important topics relating to healthy aging.

FEATURED SPEAKERS ▼

DR. ROGER WONG

Roger Wong is Executive Associate Dean, Education in the Faculty of Medicine, University of British Columbia (UBC). He brings extensive leadership to this role, having served as the Associate Dean, Postgraduate Medical Education in 2012-2016. He is also a Clinical Professor in the Division of Geriatric Medicine in the Department of Medicine. Dr. Wong received his MD degree with Honours in Research (Medicine) from the University of Alberta and completed postgraduate and fellowship training there. His medical education achievements (CanMEDS, quality improvement) have been recognized with the UBC Killam Teaching Prize, Royal College of Physicians and Surgeons of Canada Donald Richards Wilson Award, and the UBC Medicine MasterTeacher Award. Dr. Wong was elected to Fellowship in the Canadian Academy of Health Sciences, one of the highest honours in the health sciences field in Canada. He was also elected to Fellowship in the American College of Physicians. Dr. Wong has received numerous awards of appreciation from the Alzheimer Society of British Columbia to recognize his advocacy work in the community.



DR. BARBARA RESNICK

Barbara Resnick, PhD, CRNP is a Professor in the Department of Organizational Systems and Adult Health at the University of Maryland School of Nursing, co-directs the Adult/Gerontological Nurse Practitioner Program and the Biology and Behavior Across the Lifespan Research Center of Excellence, holds the Sonya Ziporkin Gershowitz Chair in Gerontology, and does clinical work at Roland Park Place. Her research program is focused on optimizing function and physical activity among older adults, exploring resilience and genetics on function and physical activity, and testing dissemination and implementation of interventions in real world settings. Dr. Resnick has over 250 published articles, numerous chapters in nursing and medical textbooks, and books on Restorative Care and Resilience. She is the editor of Geriatric Nursing, an associate editor of numerous journals and on editorial board for numerous journals. She has held leadership positions in multiple organizations including the American Geriatrics Society and the Gerontological Society of America and has been recognized for numerous national awards.



Visit us on the web: www.updateingeriatrics.ca

FOR ACTIVITY INFORMATION

NATALIE PARK, CHSE Coordinator
McMaster University
Continuing Health Sciences Education
P: 905-525-9140 x 20763
E: parkna@mcmaster.ca

FOR REGISTRATION INFORMATION

E: cmereg@mcmaster.ca
P: 905-525-9140 x 22671
F: 905-572-7099
W: www.fhs.mcmaster.ca/conted



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AGENDA

07:30-08:30	Registration/Breakfast/Visit Exhibitors	11:00-11:30	Evidence-Based Management of Pressure Injuries Dr. Madhuri Reddy, MD, MSc Specialist in Internal Medicine & Geriatric Medicine Harvard Medical School Boston, MA.
08:30-08:35	Welcome Dr. Sharon Marr, BSc, MD, FRCPC, MEd Associate Professor, Division of Geriatric Medicine St. Peter's / McMaster University Chair in Aging Department of Medicine, McMaster University TChair of RGPc	11:30-11:50	Panel Discussion
08:35-08:50	Lifelong Achievement Award Presentation To: Dr. Ronald P. Schlegel, OC, PhD, LLD Award Presented By: Dr. John Kelton, MD, FRCPC Professor Pathology and Molecular Medicine McMaster University	11:50-12:50	Lunch
08:50-09:40	Keynote: Management/Prevention of Behavioural and Psychological Symptoms of Dementia (BPSD) using the Evidence Integration Triangle (EIT-4-BPSD) Approach Dr. Barbara Resnick, PHD, CRNP Professor, Department of Organizational Systems and Adult Health University of Maryland School of Nursing	12:50-13:40	Keynote: Preventing Social Isolation in Older Adults Dr. Roger Wong, MD, FRCPC, FACP, FCAHS Executive Associate Dean Faculty of Medicine University of British Columbia (UBC)
09:40-10:00	Question & Answer	13:40-13:55	Question & Answer
10:00-10:15	Morning Break	13:55-14:15	Tackling Adverse Drug Events in the Older Adult Justin Lee, BScPhm, ACPR, MD, FRCPC Clinical Scholar, Division of Geriatric Medicine McMaster University
10:15-10:40	Falls & Fractures and Strategies for Prevention Dr. Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP Professor, Division of Geriatric Medicine Department of Medicine McMaster University Executive Director of the GERAS Centre for Research on Aging Dr. Caitlin McArthur, MScPT, PhD. Post-Doctoral Fellow GERAS Centre for Aging Research McMaster University	14:15-14:35	TBA
10:40-11:00	Exercise & Cognition (DANCE) Dr. Courtney Kennedy, MSc, PhD Clinical Scientist, GERAS Centre for Aging Research Hamilton Health Sciences, St. Peter's Hospital Assistant Professor (PT), Division of Geriatrics McMaster University	14:35-14:50	Panel Discussion
		14:50-15:05	Afternoon Break
		15:05-15:25	Promoting Optimal Aging at Home by Supporting Caregivers Dr. Carrie McAiney, B.A., M.A., Ph.D. Schlegel Research Chair in Dementia Associate Professor, School of Public Health and Health Systems University of Waterloo
		15:25-15:45	Top 3 Research articles: Short Snappers Dr. Tricia Woo, MD, MSc, FRCP(C) Associate Professor, Department of Medicine McMaster University
		15:45-16:00	Panel Discussion
		16:00-16:05	Closing & Evaluations

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education Program requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

PLANNING COMMITTEE

Co-Chair

Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP

Professor, Division of Geriatric Medicine Department of Medicine, McMaster University Chairholder, Eli Lilly Canada Chair in Osteoporosis Scientific Director GERAS Centre

Co-Chair

Sharon Marr, BSc, MD, FRCPC, MEd

Associate Professor, Division of Geriatric Medicine St. Peter's / McMaster University Chair in Aging Department of Medicine, McMaster University Chair of RGPC

Co-Chair

Christopher Patterson, MD, FRCPC, FACP, FRCP (Glasg.)

Professor, Division of Geriatric Medicine Department of Medicine, McMaster University

Cheryl Allaby, MD, CCFP

Assistant Professor, Department of Family Medicine Associate, Division of Geriatric Medicine Department of Medicine, McMaster University

Sharon Duff, MSc, MD, FRCPC

Assistant Clinical Professor, Geriatrics Psychiatry Department of Medicine, McMaster University

David Cowan, MD, FRCPC

Associate Professor, Division of Geriatric Medicine Department of Medicine, McMaster University

Pauline Fisher

Clinical Nurse Specialist
Hamilton Health Sciences

Joanne Ho, MD, FRCPC, MSc

Assistant Professor Division of Geriatric Medicine Department of Medicine, McMaster University

Justin Lee, BScPhm, ACPR, MD, FRCPC

Clinical Scholar, Division of Geriatric Medicine McMaster University

Jane McKinnon Wilson, MSc. H.B.

Director
Regional Geriatric Program Central

Kristy McKibbin, M.A.

Education Coordinator
Regional Geriatric Program Central

Lynn Pacheco

Geriatric Program Coordinator
Division of Geriatric Medicine
Operations Site Coordinator, St. Peter's Hospital
Department of Medicine, McMaster University

Anisha Patel, M.A.

Education Coordinator
Regional Geriatric Program Central

Angela Silla

Acting CHSE Program Manager
Continuing Health Sciences Education Program
Faculty of Health Sciences, McMaster University

Natalie Park

CHSE Coordinator
Continuing Health Sciences Education Program
Faculty of Health Sciences, McMaster University

DIRECTIONS

LIUNA STATION

www.liunastation.com

360 James St. North, Hamilton, ON

From Toronto

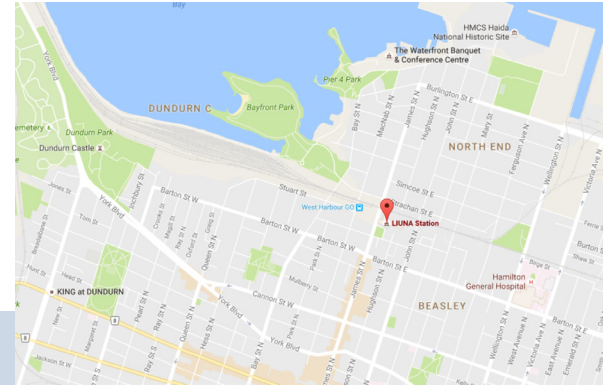
- QEW to Highway 403 West Hamilton. Exit on York Blvd.
- Follow York Blvd. to John St.
- Turn LEFT on John St. and Continue North to Murray.
- Turn LEFT on Murray.
- LIUNA Station is on the RIGHT.

From Guelph

- Highway 6 South to Highway 403 West Hamilton.
- Exit on Main St. East.
- Follow Main St. East to John St.
- Turn LEFT on John St. and continue North to Murray.
- Turn LEFT on Murray. LIUNA Station is on the RIGHT.

From Niagara / Buffalo

- QEW Toronto to Burlington St..
- Follow Burlington St. (using through traffic overpasses) to James St.
- Turn LEFT on James St. North & follow to Murray.
- LIUNA Station is on the LEFT.



GENERAL INFORMATION

ACCREDITATION STATEMENTS

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of **The College of Family Physicians of Canada** and has been certified by the McMaster University Continuing Health Sciences Program for up to **5.25 Mainpro+ credits**.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of **The Royal College of Physicians and Surgeons of Canada** and approved by McMaster University, Continuing Health Sciences Education Program for up to **5.25 MOC Section 1 hours**.

Through an agreement between **The Royal College of Physicians and Surgeons of Canada** and **The American Medical Association**, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

*Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

CANCELLATION POLICY

McMaster University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **NOVEMBER 7, 2018** will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this activity.
- That may result from the use of technologies, program, products &/or services at this activity.
- That may arise out of, or during this activity.

ACTIVITY PACKAGES

As the registrant your activity package includes breakfast, nutritional breaks, and lunch. Your activity lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the conference, their meals are at their own cost and will be billed directly.

PHOTOGRAPHY

Photos will be taken at the activity. Your registration implies your permission for these photos to be used for promotional material. Individuals in photographs will not be identified.

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