Clinical Behavioural Sciences Program

CBT for Chronic Pain

This interprofessional course will provide you with:

- knowledge and skills to understand the experience and impact of chronic pain through use of the cognitive behavioural model in addition to other empirically supported theoretical models (e.g., biopsychosocial model, gate-control theoretical model).

- in-depth understanding of assessment techniques and cognitive and behavioural treatment strategies for the management of chronic pain as well as mood disturbances (e.g., depression, anxiety, anger) that often result from pain conditions, in both adults and seniors.

**Target Audience**

For experienced clinical therapists, who have completed CBT Level I or who have equivalent experience.

**When:** Mondays 1:30-4:30pm., March 31-June 30, 2014, 12 Weeks

**Where:** SJHH, Charlton Site, Classroom C in the Juravinski Tower

**Instructors:**

Sheryl Green, Ph.D., C.Psych., Assistant Professor, Department of Psychiatry and Behavioural Neurosciences, McMaster University and Clinical & Health Psychologist, St. Joseph's Healthcare, Hamilton, ON.

Joe Pellizzari, PhD., C.Psych., Clinical Health Psychologist, Mental Health & Addictions Program, St. Joseph's Healthcare Hamilton, Assistant Professor, Dept. of Psychiatry and Behavioural Neurosciences, McMaster University

**For Further Information Contact:**

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